## BASIL E. CROUCH

Please let me share my secret with you

# The Secret(s) of A Lifetime THE POWER OF MENTATIVE MIND

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FINBARR BOOK No. 93



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This is your lucky day. Take out your diary and put a red circle around the date. This is the day that you have stepped out on the magical pathway that will lead you to untold wealth. In this book you will be taken down the exciting road of abundant wealth, a never-ending supply of riches and all you will ever need. Just think for one moment – from this time on I will be rich, healthy and live in the land of plenty.

It's true I found this path by accident and I didn't believe what I had found. I couldn't believe that I could have anything I wished for but I have proved that I can providing that what I wish for is a reasonable request. It's no use wishing for the moon, but there's nothing to stop you from wishing to obtain enough money to pay your fare to the moon on the next rocket – but I doubt that you would want to go.

Many years ago I was SKINT, which is a slang word for being destitute. Out of work, I loafed around looking for a way to get a few pence to buy food. I lived in a poorly furnished room; just a rickety bed, one old blanket, a table and one chair and on the floor a piece of worn-out lino. I

finally managed to secure a poorly paid job about four miles distant from this squalid room and through that long cold winter I walked to work. At the day's end I walked back and opened the door to that cold bleak place which I called home.

Now, like you, dear reader, I liked books and at the week-end I made a habit of prowling round the secondhand book shops. In the evening after eating my meagre meal I would wrap my blanket around me like an Indian and sit reading by the light of a candle. I was habitually in debt for rent of the room and my landlord had cut off the gas leaving me in darkness but for a candle.

Then came the day. I made my weekly call to one little book shop owned by an old lady and she said "I am giving up this shop soon, getting too old to bother with it now and seeing that you like old books, in the cellar is a load of them. If you like to clear them out you can have 'em; I don't want anything for 'em, just clear the place for me and they are yours".

I was more than delighted and I set to work with a will. Never had I owned so many rare old books and, in this God-sent opportunity I came across the tale of old Joe. Very briefly this is his story.

Old Joe was a desert rat who poked around deserts and mountains in the odd corners of the world; in other words, Joe was a prospector. He did not look for gold or silver or any precious metals, he was interested in finding old manuscripts, ornaments from the past, and old coins.

He made a few pounds here and there; enough to give him a fair return for the hours he spent alone in his search for the unusual. He had made several valuable finds over the years, but finders seldom receive just rewards. See what happened here.

Old Joe had found the entrance to a cave in some far mountain chain (the book does not record the name of the mountain). At the back of the cave he found an old statue of a long-forgotten Goddess and he realised that this statue was pure gold. It was about four inches in height and, as he

cleaned the dust from it, he noticed that it must be hollow – he could hear something rattling inside it when it was shaken.

By nature Joe was inquisitive and he was not content until he had prised the sealing substance from the bottom of the statue. To his disgust, all he found was something that looked like a roll of leather which he placed in his knapsack and forgot about it, being more concerned with getting back to the nearest town.

Joe made it back to civilisation and sold the golden statue for \$500 which at that period in history, would be about £150 or a little less; enough for Old Joe to have a couple of weeks in town spending the money on girls and whisky! Well, after all, that was Joe's way of life! Now, to illustrate what I have said about failing to receive just rewards, the dealer who bought the statue from Joe, put it up for sale as an antique and it fetched £2,000.

Joe, having spent all his cash, was sitting in a park ruminating on life and feeling around in his pack searching for tobacco. His hands found the roll of leather-like substance and after much difficulty he managed to get it straightened out. To his surprise it was covered in symbols and what he took to be numbers. Now Joe, who was perhaps foolish in some things, was not altogether unintelligent.

He made his way to the City Library, asked to see the Librarian, and showed him the leather scroll. The Librarian referred him to the Museum where a professor started to decipher the symbols. It turned out to be an old map but all it gave was a description of a mountain and numbers and directions which were meaningless to the professor. Nethertheless, Joe recognised the description of the mountain but this he wisely kept to himself.

The professor wanted Joe to leave the scroll to the Museum but Joe, being a little crafty, said "You give me a copy of the scroll in English and you can keep it". The bargain was struck and Joe departed for the mountain described on the scroll. Joe knew it from this description because it was near to the cave from which the statue came.

No; there was no treasure there. Joe at first was disappointed for all he found was a box containing old manuscripts in some long-forgotten writing. This writing, on being translated, turned out to be rituals from a religion or caste of some ancient people. The information was written probably for the instruction of the Priesthood. Now, as I said, Joe was a crafty old son and he realised that the information given in these manuscripts must be of value. He pondered on how he was to extract this knowledge without the world knowing about it. He came up with the idea of advertising for a young female student who understood ancient symbols, offering her a good remuneration for her work. There were numerous applicants but none could decipher the manuscripts.

Many weeks passed by and then a young girl said she could understand most of the inscriptions. She intimated that the knowledge concerned a way to gain power and wealth by a magical method. Joe was delighted. He asked the girl if she would like to work on the manuscript as a partner and all he asked was that she kept the knowledge secret. It appears that the bargain was struck. Not only did this young lady decipher the manuscripts but she put the knowledge in an up-to-date form. This book is based on that modern version. Incidentally both the young girl and Joe died very

wealthy people.

As I read this story of the desert rat, Joe, it was born in my mind that there were two classes of people in this world – 'the haves' and the 'have nots'. It struck me forcefully that there are these two extremes in the world. People living in large houses, driving large cars, living in luxurious surroundings, going anywhere they pleased in the world and having a constant supply of all the good things of life.

Then there were people (including me) who 'have not'. What was there in life for these people? A matter of grinding through one day to the next, poverty staring them in the face. Trouble and grief, lack and want and expecting nothing else from life because there was no chance for it to be

otherwise. I thought, is this what has been ordained for me; why was I in this position and who had said that 'All men are equal'? It seemed to me that some men were far more equal than others! I remembered then that once, so long ago when I was still a child, my Sunday school teacher had read from the Bible that according to your belief so it shall be done unto you.

Here I was dwelling in poverty, when in my hands I had the secret of great wealth! Why was I reading? Why was I not putting this secret knowledge to work? If this book, in my hands, was telling the truth, it was like a lightning flash in my mind. I had the secret and all I had to do was try it! Why waste any more time? This book about a secret way of life had fallen from the blue into my hands so at least it was up to me to try to prove its value. There and then, that evening, I started my first experiment into mind power as revealed unto the Priests of.....?

At my place of work we held a weekly raffle in which we drew a letter from a hat and this letter had to be the first letter of a certain cartoon. The cartoon had to end with the same letter and should anyone fail to have the required letter, then the cash went on to the next week and so on until it was won. When I started to experiment with the system, the cash at work stood at £15. Yes, that week I won it outright!

Then two days later, out of the blue, a tenant in the same house in which I rented my room, came in saying, "I am leaving town at the week-end. I have got a better job lined up and don't need my furniture any more. If you like, you can have it. I don't want anything for it; just help yourself on Saturday". I was delighted when, on the Monday morning, I was called into the office at work and the Boss Man said "We have been watching you the last few weeks. We are opening a factory in another part of the town, about three miles from here, and we are offering you the job as foreman. If you decide to take it, a car goes with the job". Did I take it? You bet I did!!

And that was only the beginning. There is a way of getting all you want; a way of connecting with a force that knows no

bounds. A simple way in which all you do is sit down and think and it comes to pass. Here was a way of projecting Mind – a Mind that can see and hear things anywhere in the world. It uses clairvoyance, it can connect with opportunities and draw to you whatever you ask for; it is your own personal energy and power to be used as you direct. It is truly a case of 'ask and ye shall receive'.

Once you learn to contact and use this system of Mind Power you will be able to hook on to miraculous things. You will tune in to events that will make you prosperous and make your life one round of pleasure: complete, happy and powerful. When you activate this part of your Mind, it will reach out automatically and tap into powerful cosmic forces that are outside of you just waiting to be started. These are the forces that will bring the answer to your every wish, every desire, every need.

Twenty-four hours a day you have, at your command, a force that is outside you but connected to you and is waiting for you to touch it and tap into it. It will give you powerful techniques, magical techniques for it is waiting this very minute for your command. It has always been there waiting for you to say the word 'go'. Wait no longer; right now start to use this power and it will change your life from rags to riches.

The techniques described in this book will make you powerful. You will be able to wield a power that will explode with the impact of an atom bomb and which will bring an energy to your daily life that must be obeyed. I have witnessed men and women go from near poverty to bank accounts of thousands. I have seen men, struggling with poverty, suddenly given jobs that have brought them untold riches.

Others have attracted gifts from the most unlikely places, and I am convinced that you can change your life right now – at this minute. You can change from lack and need to a life of riches and abundance. I am convinced that great stores of money and prosperity are around you now as you read this and

they are there for the taking, once you learn the valuable secrets in this book explaining how to tap this wonderful power of Mind. You will experience a flood of riches that you never dreamed possible.

### Chapter One

Once, a long time ago, the people who worshipped the Goddess of dead Joe's statue, who I rather think were South American (I have found accounts of American Indians who could use this power) would merely think about a thing and it would manifest right there in front of them within minutes. There are accounts of the ancient Druids using such a power. There are stories handed down of a cult of Eastern Indians doing the same thing.

There are tribes in the African jungles who can tap into this power, and can do so because their Minds are not cluttered up with worldly affairs. The ancient peoples could use this force that surrounds us all. They not only could see what was out there in space but they could also see the future, the past, the present and they instinctively knew how to make this phase of Mind shoot back to them whatever they needed to make their life easier.

They were able to work this powerful phase of Mind as if it were an organic force for they knew it was not an unreachable power out there in space. They, by combining their Mind

with Cosmic Mind, created a power that could and did make the impossible happen. Modern man with his inventions and techniques, living in skyscrapers, building his modern highways, his television, radar and motor cars has lost contact with this all-powerful force; he has somehow lost the ability to use his inborn powers.

It is time we found a name for this power. The name given in the manuscript is unpronounceable so I must give it a name that can be understood. So we will say this power should be called Mentative Mind and the art of using this Mind we will call Mentation. The power released by the Mind we will call Mentative Current. As a matter of interest this power of thought is electrical in nature and can be measured with electrical instruments. When we are calling on this power and directing it we can say 'We are Mentating'.

These few simple definitions should suffice for our needs because it is not really necessary to go deeply into details of the Mind; all we need to know is how to get it working for our benefit.

#### **Chapter Two**

A long time ago, one rainy evening, I was sitting in a cafe drinking coffee and I got into conversation with a young fellow who was down on his luck. He was an art student but he never could draw a picture worth selling. He had tried lightning sketching but it never caught on and now, without money, he had been asked to leave his rented room. Oh! how the memories came flooding back of my earlier life.

I asked him home with me that evening and gave him instruction in the Mentation method. Exactly three days after trying out the techniques described in this book, he was offered a job with an advertising firm drawing the subject pictures on display at an art gallery in the city. He now has all the money he needs and a constant flow continually comes his way.

In my new job as foreman, I had occasion to go back later in the evening to set up a machine for the next day. Now the office was cleaned by a woman and to my surprise, I found that this woman was so down on her luck that she had taken to sleeping on the office floor in order to save money to pay off some debts. Lonely and near despair, she was in tears as she told me why she was sleeping there.

The next day I wrote out some exercises and told her to practice them at night when alone in the office. Two days later as I was leaving work she came to me saying 'I can't believe it, it is just not possible. I tried the exercise you gave me and I have met a man who wants me to leave this job. He says he loves me and wants to take care of me; no I can't believe it, I can't."

She has now married that man and he is very wealthy. They live in a large house in the city and he drives an expensive car. They lunch in the top hotels and she has beautiful clothes. The last time I met her she told me that her husband had settled a sum of thousands of pounds in her name and a more happy person I have yet to meet.

A young girl came to see me about a job in the factory. I took her on and she told me that she really wished to be on the radio or the stage. I told her of this Mentative Power and asked her to try it out. She tried it and now she has her own spot on the radio. And the funny thing really is that this girl had no training of any sort.

I know a certain married couple who enter all the competitions in books, magazines and papers. I said they enter them but I should have added they win them, for they seldom miss out on the prizes; they win them and sell them; yes they are rich! This is also true of an ex-secretary who now owns a half-share in the company for which she started to work. A young man who I found playing a guitar on the street is now a pop star, travelling the world.

As you tread this magic pathway to riches, you will see that by learning the exercises in this book, you will be connecting through Mentative Power to a force line of Cosmic Power which is all around you. You will be setting up a pathway to the infinite world of prosperity and by using Mentative Power, you will bring about a never-ending supply of abundance.

Just sit back a moment and realise from this time on you do not need to struggle any more; all you wish will be granted to you. I know of a man who having lost his employment found himself in arrears for rent and HP on his car. I met him at the railway station while we were waiting for the same train, and on the journey I explained to him the first step to Mentative Power. Three days later, waiting for the same train, he told me with tears in his eyes that he had won on the Pools and he offered me a thousand pounds for the help I had given him.

This book then is written for you. Let it be your magic path to untold wealth, let it help you gain, and keep, perfect health. Let it teach you that you can have anything in this world that your Mind decides you want and let it be the most exciting journey you have ever taken. Get ready then! You are now beginning the most exciting venture of your life for you are on the way to a land of plenty where money and

happiness reign supreme.

No matter how short of cash or in lack of anything you have been, as of this very minute you can change that state of affairs. Yes! You can change from a state of want to one of riches. You can begin to change this minute from a state of worry and poverty, to one of peace and material wealth for the rest of your life. You were born into a universe of plenty where there is no such thing as lack and you were born or created in its image, a part of the great Cosmic Mind.

Try to grasp the knowledge that Cosmic Mind created everything in this universe including you, and that everything in this universe, if it will only live according to universal law, will be perfect. You are living in this universe and are subject to its laws. Pain and sorrow, poverty and lack, are human conditions brought about by Man in his limited way of thinking. It is his failure to use his all-powerful Mind to contact the Cosmic Mind that knows no limitations that cause man's troubles.

Limitations are brought about by creations of the human Mind, not by Cosmic Mind, which is all-powerful. At this moment take a good look at yourself; then take a look at the world about you and ask yourself "What do I need? What is

it that I presently lack?". Then ask "Why am I denied these things? Whose fault is it that I am lack? Who is preventing me from gaining the good things of life?".

It is not God or Cosmic Mind that is preventing you from having riches or the good life you want, it is not other people who are denying you, so the cause then must lie with you.

Just as you are causing lack and limitation by wrong thinking, so by changing your way of thought you can bring about the reverse. In place of want, you can cause plenty. Others can do it and you can do it. Others have changed their lives and financial status from meagre situations to become the owners of great wealth. Some have come into money by having it given them, whilst others have become wealthy by drawing it to them through much better paid jobs. Others suffering from ill-health have become better and now enjoy perfect health.

How are these people different from you? In one thing only. They have learnt to live in harmony with Cosmic Mind and in so doing have learned how to lift free from human limitations of lack and poverty brought about by wrong thinking. They have learnt how to reach out and tap Super Mind by Mentation. They have learned the secret of how to tap the all-powerful force within the human Mind which is a force that, used properly, will bring to pass anything in this universe.

Prepare yourself for a shock. You have at your command an invisible servant: I mean just that, an invisible servant, a body-guard to whom you can give any command – yes, any command you wish – and that servant, using a force that is beyond understanding, will go to work on your behalf and grant your every wish. Think about that for a few minutes. All you do is hand this invisible servant a command and straight away it goes to work for you, pulling to you the things you seek. Ask and you shall receive.

Through Mentation all powerful Cosmic Mind can be reached. It can be tapped and used to bring about a change in your life. The most direct way of reaching Cosmic Mind

that knows only prosperity and abundance, is by Mentation; by the methods taught in this book. Mentative Force will reach out and cause events and people to move your way, bringing with them all you need to make you happy. It is a force that, while remaining outside you, is yet part of you.

It has been proven that thought when concentrated on a single subject can be likened to firing a rocket. A powerful electric force is sent out and that force will always reach its target for the energies behind concentrated thought are hard hitting and direct, travelling faster than the speed of light. Concentrated thought can reach anybody or anything in a fraction of a second and influence that body or thing to obey its command.

Science, over the past few years, has discovered that whatever you think is in fact a target of the Mind and that it can be affected over any distance, no matter how far. Now if the human Mind can be projected onto people many miles away, think what it can do to people who are close to you. Not only can Mind affect other Minds, it can also directly affect matter. Yes Mind over matter is possible and can easily be proved.

In a series of experiments a short while ago, two glasses of water were placed on a table, one glass containing a saline solution and the other, ordinary water from the tap. A young lady was seated three yards from the table and told to think "Both glasses are full of pure water". After ten minutes had passed she said "I have now finished thinking" and, upon analysis, both glasses were found to contain only

ordinary water.

At the same session of experiments into the Power of Mind, one man who had been training his Mind with similar exercises contained in this book, was able to cause an electric lamp to light by just thinking it was alight. Another student could stop an electric motor by thought alone. In fact he could switch it on or off just as he pleased by the power of his Mind. Yet another female student could cause a plaster statue to fall in pieces just by looking at it and before you

begin to doubt these things, I ask you to cast your Mind back to people like Urri Geller, who by thought alone can cause metal to bend.

I have encountered men who could make flowers bloom in less than five minutes. I have seen people crippled with disease made whole by thought power. I have met and talked with men and women who could cause the telephone to ring, and what is perhaps more wonderful, I have seen these people command that a certain person (who was named by me) call them up on the phone.

All these things can be made to happen just by thinking a single thought. Just think about it! A single random thought can compel a person to obey your command. When you think an image, that thought is released at the same moment and travels faster than the speed of light, taking with it an electromagnetic force that gathers to it by magnetic attraction any duplicate manifestations and it will bring those manifestations right to your feet.

Your invisible servant is constantly alert ever ready to bring into your life any person or any material thing that you wish. It can affect the Minds of others no matter what the distance. This servant can, at your command, bring money right to your doorstep and it does this by linking with super Cosmic Mind, the Mind of the Universe that knows no want.

I have said I held the job as foreman in a large concern but I did not hold that job for long. I had no need to work; money came from every direction as soon as I willed it. I spent most of my time going from place to place exploring the country and, as I was travelling to another town, I picked up a young lad who was hitch-hiking in search of work. His face was so sad and weary that I felt sorry for him and stopped off at a cafe and bought him a meal.

I explained to him the techniques given in this book. We parted company soon after and I never saw him again until at least two years had passed by, then one evening on my way to a show in a certain town, who should I meet with a pretty girl on his arm, no other but the lad I had provided with a meal so

long ago. He told me, "From the time I started to use the information about Tele-mentation, things started to happen to me. I was walking down the street one day after starting the exercise and it came on to rain. A car passing, stopped and offered me a lift to wherever I was going. I told the driver I was actually seeking work and he said "I know a man who is looking for help to run a cafe". He took me there and I started work right away.

"After about six months the cafe owner offered me a partnership. I went to the bank where I had been depositing my spare cash and asked for a loan. Well! I got it and took up the offer. Time went by, the cafe prospered and my partner and I decided to take another cafe. So that's how it is now – I am the owner of this cafe. Work? Not me – I employ others to do that. Me? I'm enjoying life with this young lady and have no need to work any more. After all, as you once told me, life is too short to waste on work."

I must tell you about Jimmy. He had met a girl and fell in love with her but Jimmy was broke. He only managed to get a little money running errands and doing odd jobs. Now in the city was a pawn shop and in the window was displayed a tray of rings and watches. One evening the girl walking with Jim spotted a lovely ring on a tray and told Jimmy that she would love to have that ring.

Over a cup of coffee Jimmy told me about the set-up and said "I shall never be able to afford that ring. It's so sad really, for I would love to buy it for my girl". I asked Jimmy if he would undertake some exercises in Mentation; he agreed and that very evening he started to put in some time on Mentation.

The next day, as usual, he stopped to gaze on that ring in the window and the old boy who ran the pawn shop came out and said "I have been watching you son, are you thinking of breaking in or something?" "No" replied Jim, and started to tell the man how much his girl wanted that ring. The old man chuckled, "I was young myself once" said he, and then, "Young lad, if you really want work and will work hard, I will give you a job here in this shop. I can't pay too much but you will at least have steady work."

Jimmy accepted the job, and within three weeks he had bought that ring and given it to his girl. Yes, cutting it short, Jimmy went from good to better and he now owns the shop. When last I saw him he was getting ready for wedding bells.

#### **Chapter Three**

You need not sit around waiting for money any more. You can bring money to you starting as from now. Right now, this minute, you can start reaching out and bringing it to you – and not only money but anything you wish. I know a young woman who was a student of the class I was teaching who, after practising just once, got up from her chair, stepped out of the door and picked up a gold watch. It was never claimed and she sold the watch for £50.

Make no mistake, this is the short cut to success. A young man needed £200 to settle a debt and, in tears, he asked me where he could borrow £200. I told him to forget about borrowing and just sit down and ask for advice on how to get £200. Ask of your hidden servant "Where do I find this money?" Yes, he received the cash. A man he had never met rang him on the phone asking about the old junk in his garage and would he accept £250 for it?

Remember, this young man had no previous experience of Mentation but, no sooner had he made the first attempt, the money was forthcoming. It will happen to you so do not

wait one more minute. Start now and take the first step to wealth. Seat yourself in a comfortable chair or, if you wish, you may lie down. Just get into a peaceful position and close your eyes. When you are relaxed, open your eyes and read this path-working story and commit it to memory. Then close your eyes again and . . . .

It is a warm summer day and you are in a park. As you stroll along the path you can see the borders are covered in flowers. Pause a minute and smell the sweet scent of honeysuckle in the bushes at the back of the flowers. Listen to the steady hum of the bees going from flower to flower. You are not alone; other people are walking through the park. You may not know these people but you sense they are friendly people and like you are enjoying the summer sun.

You all seem to be heading in the same direction as you cross a quaint little bridge over a stream and you notice the lovely goldfish swimming in the water below you. You stroll on through a garden of roses – red, yellow and white – all giving off a lovely scent. Passing through, you come to a grove of trees within which is a grass circle, and you sit down in the shade of a tree, leaning back against the trunk. You sit a while in peace, then . . . .

Noticing a path leading through the trees, you arise and walk in the shadow of the trees along the path. In the centre is a clearing and there, standing on the grass, is a stone altar. As you walk up to it, you notice that the top is of silver giving a reflection of the trees and, as you look, the image becomes cloudy and then slowly before your eyes it clears and you see a row of houses. You know that street; it is the street you live in.

Now a man is walking up the street and yes, it's the postman. As he approaches your door, he turns and you see he is holding a letter which is addressed to you. He walks to the door and places the letter in the letterbox. Now the silver surface turns cloudy once more.

The picture is re-forming and you see your own double. You pick up the envelope, open it and it contains a cheque for

£——. How much do you need? Now you turn around and holding the cheque in your hands lift your eyes and say, THANK YOU. This will indicate that you have already received the cheque and it helps tremendously to say

thank you. Place the cheque in your pocket.

Again the surface clouds and you turn away with a feeling of deep peace. Going back along the path to the circle of grass, you notice that other people are getting up and walking back through the bushes of roses. You continue over the bridge where the fish are still swimming and back along the path where the flowers are growing and the sun is setting as you leave the park. You open your eyes and you are back in your chair. You have a deep feeling of peace and perhaps a little longing but you know you can return any time you wish, for now you have the secret of Mentation. The closely-guarded secret of the ancient priests and the secret that can gain you all you wish.

The more you work on this story bringing in other things, such as, perhaps taking with you some lunch and sharing a few crumbs with the birds – the stronger the image will become. Notice the colours of the birds – maybe there is a spring in the clearing and you take a cup from a basket and take a drink of spring water. Know that it is magic water and can cure all illness. Just use your imagination, make your story strong and the quicker it will manifest in this material world.

I do wish you to understand that, whatever you image in this powerful level of Mind will go forward into the All Powerful cosmic mind. Once you start it, it will keep going 24 hours a day until that wish is created and brought back to you on the conscious level. Whatever you wish, try to hold that image for as long as you can and do not forget to say thank you. Just say "I give thanks that my wish is now in my life and must come to me in due time".

Now you can do this excercise any time you wish but, in practice, it has been found to be most effective either just as you retire or at the moment of waking before your conscious Mind can take over full power. It is a sad fact that because

of civilisation, your Mind has been conditioned to say "YOU CAN'T DO THAT". Actually, though, you CAN do just

that if only you can by-pass your conscious Mind.

That is the reason for the story. The Mentative Mind only works from pictures. It can only understand what you want if you show it in picture form so that is why you must see yourself opening the letter. You must see the cheque in your Mind while you are in this state of reverie. You must by-pass the reasoning conscious Mind and forget logic for you are dealing with magic; you are using a force that is stronger than will-power – a force that will supply your every need.

I do wish to impress upon you that you are no longer bound by limitation. You are not restricted by your conscious Mind and you are FREE to be what you want. You are FREE to attract to you the conditions you require. You are no longer restricted by logic or traditional thought. There is only YOU and your all-powerful MIND. That Mind and Mentation can bring to you Money and Good Fortune.

Use these Affirmations:

"You were born and are a part of a Universal Mind. A Mind that knows no limitations. Mentative Mind knows

only prosperity and abundance.

"You are a child of Divine or Universal Mind and were meant to share the wealth of this world. Beauty and Prosperity was placed in this world for your use. You were meant to be RICH.

"Poverty and pain are conditions created by the human Mind.

"You are the direct cause for all that is in your world today. As you are the cause of your present condition you can be the cause of all that comes your way tomorrow.

"Mentative Mind has the power of a rocket. It is standing by waiting your command. It is an invisible helper waiting

for you to say the word GO.

"Your Mind can reach out through space over any distance to reach and affect any target, be that target Man, Place or Material thing." Mentative thought is electrical in its nature and can be measured by electrical equipment. It can, and will, attract to it whatever you wish as it by-passes all logic or rational explanations of the human Mind. Locking directly into Cosmic Mind, it can, and will, make things happen for you.

What would you like to see come into your life? What would you like to happen to you? What material things would you like to come within your grasp? Well, it has been scientifically proved that when you think or create a single thought, you are shooting into space a powerful electrical wave of energy. This hard-hitting energy is travelling faster than the speed of light and it can reach and return to you from the Moon or distant stars in a fraction of time so small that it cannot be measured. It will reach and explode on its target with the force of a bomb. Just think for a moment what the impact of a thought wave of that force can do to the human Mind. If a single thought can do this, then what sort of force will a rotating stream of Mentative Mind create? Hold on to your seat. You can achieve this powerful force, simply by sitting down and day-dreaming!

You have read what happened to people who used but a single pull from Mentative thought and if a single pull can do this, then what will a collection of Mentative thoughts produce? You can produce this rotating collection of thoughts by Mentating. Mentating is the most effective way of day-dreaming known to man.

I know a young lady who, not so long ago, was stuck with a poorly paid job working from eight in the morning to five thirty in the afternoon standing behind a counter serving in a shop. Oh! how she longed for a better job but there was little chance of that sort of job coming her way. She began dreaming her life away to no good purpose. Then she started to dream the Mentative way. Each lunch hour she sought a quiet spot where she could be alone and Mentate on

this story. She could see herself seated behind a desk in an office sorting through a pile of papers and she imagined another young girl coming in with a tray containing coffee and cakes. This young girl placed the tray in front of her and in a respectful way asked if anything else was required.

A month passed by but the young girl's life remained the same – still serving behind a counter – still watching the clock from morning until the time of closing. Then, just six weeks after Mentating, she was called into the Manager's office and was asked to be seated by one of the leading Directors of the chain of shops.

She was informed that another shop was to be opened a few streets away and the directors had decided to promote three girls from her present shop as supervisors in the new shop. Not only had she been one of those chosen but, on the recommendation of the Manager and the Head Supervisor, they had decided to offer her the position as Head Supervisor in the new shop.

At last, just six weeks after Mentating she now had her own office just as she had dreamed; her own office and twenty girls under her command; hers to hire or fire and her word was law, subject only to the new Manager. As the personnel of that shop were entirely female, the Manager thought it wise to rely on her judgement where young girls were concerned.

Several years ago a man, who I will call George, had a routine job in a factory. He wanted money – lots of money – and he wanted power. He wanted the good things in life such as a large car and girls. In fact he wanted to live a life of luxury.

He lived life to the limit of his powers and then like many before him he overstepped the mark and got into debt. Trying to straighten out his life, he took a spare-time job washing taxis. Doing this menial job he fell into the habit of day-dreaming. One evening, a customer noting how George always seemed to be half awake, got into conversation with him and told him of Mentative Power. George, willing to try anything, started to Mentate.

Each night before dropping off to sleep George dreamed this dream. He saw himself seated behind the steering wheel of a large car and he knew he had a pocket full of money. He saw himself with beautiful girls and he could see in his Mind's Eye that he was mixing with wealthy people. He knew that sooner or later his Mind was going to help him actually live this life.

There came a day when a customer from another taxi firm had to make use of a car that George was washing. This man said "Why not go and see the firm I usually deal with, they would pay more than you are receiving here". George took the advice and sure enough he was given employment at a far higher wage. Time went by, and three months later, George

was offered a job driving one of the taxis.

His dream had come true. There he was behind the wheel of a large car with money in his pocket, not his own, but the money was there, and so were the beautiful women he had so often dreamed about, and the wealthy prosperous men of his George did not stop there, he continued with Mentative day-dreaming, now George owns a fleet of taxis, he now has money – lots of it – and lives a life of pleasure. can too, it's so easy to day-dream.

#### **Chapter Four**

How about you? Would you like to live a life of luxury, would you like to be rich or perhaps have a place of your own at the sea-side? If you were to use the 18 billion neuron energy units contained in your brain and shoot them out in a continuous stream towards gaining that place at the beach, I am certain that before the year is out I will find you at the sea-side watching the creamy foam of the waves; I know I shall find you a rich man, with not a worry in this world.

You are going to try day-dreaming the Mentative way? Good, then let's get started – there is no time to lose. Time is money so don't ever waste time, for so little is allotted to us in this life.

Let's stay with the sea-side. I suggest you make up a series of mental pictures to let your mind see you laying in the sun on the sandy shore. Let your mind's eye see the waves coming in soft and gentle; see little fish darting in the foam. How about a spot of fishing in your own boat of course and perhaps with a lovely female companion? Or, it is night and you are walking along the foreshore. Up above you on the

promenade the coloured lights swing in the evening breeze. Go on, conjure up your own pictures and get them clearly in your Mind.

Get as many pictures in your Mind as you can; at least nine or ten. You will find that once you start using these pictures others will come to mind from nowhere. Do not pass up these pictures that come uncalled for – they are being sent to you by your invisible helper. That unseen helper is in contact with Super Mind and knows exactly what pictures will further your dreams and bring them into this world for you.

Having chosen your pictures and decided on a permanent time to practice, pick out a relatively quite place where you can relax and be free from any interruptions. Now, as in the first lesson, go through the park and approach the altar in the

clearing and look into the mirrored surface.

Holding in your mind's eye your first mental picture, gaze intently into the surface of the altar and let your mental picture flow into it. In a few seconds those pictures will produce an energy all their own which will go on thrusting out into the universe. Now, quietly and to yourself, repeat "This, my dream, belongs to me and I will it to go forth into the realms above and around me. This dream is a part of me and I can, through the power given to me by Universal Mind, make this dream come true. Others have done it before me and others will be doing it after me. Now, in this minute I can do it."

Now start breathing very deeply: In/Out, In/Out. Carry on breathing slowly and deeply and as you breathe in think of your picture; as you breathe out, push out the thought "I can make this come true."

Take in a deep breath, feeling in your Mind universal energy responding to what you are sending out. As you breathe out, feel the flow of energy coming back to you and sense a promise of what you desire flowing back to you. Sense it becoming manifest in and around you. Continue for as long as you can or until you realise that now is the time to stop.

Now take a last deep breath and slowly let it out saying "Thank you". Mentally count to five, slowly. One, Two, Three, Four, Five. Once you feel fully awake and full of energy say OUT LOUD, "I know that this is a fact and it is now in my life and will remain in my life until it manifests around me".

Go about your daily business and think no more about it. You know it is done so get it out of your Mind because worrying or pining over it will not help in any way. Thinking about it will keep it tied to you and you want it out in the universe. Thinking about it will only clog up the line.

Practice this daily and soon other pictures will begin to flow, other faces will protrude into your picture. Keep a close watch on this for these faces coming into your picture could be the faces of those who will be the answer to your problem. Suppose you are short of cash – then up pops a face. You do not know this face but by keeping watch in future days you will meet this person and lo and behold this

person will offer you cash.

It is really strange how this works, but if you will only keep in mind that you have called upon your invisible helper, it will help you to understand just a little. You have been using the entire spectrum of Mentative Power. This power will unleash an energy which will clear out all unwanted thoughts and physical things which are harmful to you. Remember, Universal Mentative Thought is not limited. It will not only bring about the things you want, it will also produce many things that are good for you. Prepare for surprises. Mentative Mind knows far more than you and it will produce surprises out of the very air. You are on the way to riches and power and all the good things in life.

Have fun with day-dreams, make them into a game. If you are having trouble getting clear pictures, then stop trying for a while and start looking in books and papers for the things you want. You want a car – what sort? Look around you, find a picture of the car you want in a magazine and cut it out.

Place it in your wallet, look at it at odd times and have it in front of you when you dream of walking in the park.

Incidentally, this is a favourite trick of mine which I use continually and I mostly get my own way in this world. Nothing to it. Look at your clipping and dream about it, saying in your Mind, "This is Mine" and do be on the look-out for surprises and good luck. At least, you can say it's good luck, though really it's the power of Mentation.

Have you heard the story of the man in the Bank? Well, he stood in the Bank waiting to cash a cheque for £100. He handed it in and the cashier promptly paid him out £1,000. He said "I'm sorry but you appear to have made a mistake" and the cashier replied haughtily, "Sir, we do not make mistakes here." "But the cheque" said the man. "Well, what about it?", asked the cashier, "I can read and if the cheque says pay out £1,000 that's all I am paying out."!

Strange? Yes very, but that is the sort of thing that is

continually happening when people start to Mentate.

Look at the story of the girl in the cafe. She was hard working but very poor, for cafes do not pay high wages. She day-dreamed of riding in a posh car and wearing fine clothes. Sure enough there came a day when a man, taking a liking to her, asked her if she would like to change her job and come and work for him as a companion for his mother. He explained that his mother was getting on in years. His business took him away from home very often and his mother became lonely for company. The girl took the job and now look at her. Riding around to posh parties, being wined and dined as though she were a lady, wearing fine clothes, and also being paid a fabulous wage.

In the country lived a man who, through no fault of his own, became unemployed. Now finding work in the country can be hard at the best of times and, as it was the spring time of the year, there was no chance of gaining work until harvesting time. This man used to sit in his garden and day-dream. Weeks went past and nothing happened except he became friendly with a squirrel and began giving it nuts.

In due time the squirrel began to build a nest in a rose bush in the garden while the man watched and one day, noticing some paper the squirrel had woven in with twigs, he examined the nest more closely. The paper turned out to be £50 notes and there were over a hundred of them! The man informed the police about this but the notes were never claimed. The squirrel is now a favourite and free pet and has the run of the man's house. Yes, he invested the money in machinery and now has a small but prosperous business.

#### **Chapter Five**

You are a sender of radiant signals. Within you right now is a powerful device that is capable of sending out a signal that will not only reach those of whom you are thinking but will affect them and sway them to your way of thinking. That pulsating mechanism is waiting for you to command and project.

This level of your Mind will automatically send out your thought, bringing to you anything which you envisage, and it will continue to send out that signal 24 hours a day. It will do all this without you having to do anything. As you think, so does your Mind project that thought and, like radar, that thought will return to you bringing with it all things you need.

This radiant Mentative energy flows outward to be picked up by other people and the material world around you. The people around and about you may not be aware of the fact that they are being enchanted by your thoughts. Little do they realise that they are being given data from your thoughts, but they will automatically respond to you and will treat you according to that thought. They may not be consciously aware but they cannot ignore it and that, perhaps, is a scary thought.

Scary or not, the world actually responds to our innermost attitudes and thoughts. What a powerful thing it is to know that secret, and to know that you can control situations and worldly effects by simply controlling your own thought. I wonder how powerful will you become if each day you take a few moments to think about certain people? Just think, within you is a power and an energy – the same energy that causes the tides to rise and fall. Energy that pulses out to warm the Earth; the energy that allows us to live.

As you think thoughts each minute of the day, hour after hour, you are casting out power. Powerful energy that can reach out and affect people to make them move and do as you wish. Why not take time now and think a thought or image of money – see it laying around you ankle deep. You will cause a ripple of prosperity through the universe, and somewhere out there is a helper waiting to send that cash back to you. You start it; Mentative power will deliver it to you.

A strange thing is that once you start to send out that thought, whether or not you are prosperous right now, people about you will start to look up to you thinking you are prosperous already. They are automatically responding to your thoughts and they are picking up your signals. Another strange fact is that, "As others think you are, that is what you will become".

Make no mistake, your thought energy will cause an instant effect. It may not manifest at once but the seed is sown and the response will come.

One evening I was asked to give as a lecture an informal talk on Mentation. One young fellow there said to me, "It's alright for you, you have plenty of money and you have a car to ride around in but what about the likes of me. I have no money, no work, no hope". I stopped him there. "Hold it", I said, "you will never have money all the time you think 'I have nothing'. That, my friend, is what you are attracting this minute".

After the talk I invited him to visit me and we set about Mentating. I pointed out to him that there is money all around, plenty of money, even right here in this city is untold wealth; you do not have to create it, there is loads of it waiting for you to grasp with both hands. Look around you in all directions and what do you see? Why wealth, of course, and all you need do is send out a thought and that wealth will start to flow your way.

"Come on", I said, "let's get down to it". This is the lesson I taught him. Seat yourself in a comfortable chair and lean back, close your eyes, and relax. Now imagine in front of you is a pool of water and you can see yourself standing at the edge. Now look into the water and see your thoughts as they cause a ripple to stir the water; just watch quietly for a few minutes.

Now you begin to see money laying at the bottom of the pool; money, silver and gold coins. As you watch in your Mind's eye, that money is rising to the surface and as you continue to watch you whisper this powerful message. "At this moment I command prosperity to enter my life". Now imagine the water has suddenly changed to money. Where the pool had been there is a large pile of money and you see yourself picking up this money. Say to yourself, "Oh how I enjoy all this money. From this day onward I shall be rich".

Relax a minute, then open your eyes and say, "Oh Divine power that guides the Sun and the Moon across the sky, with all my heart I bless thee and thank thee." Now go about your daily life and forget what you have just performed. You know that you have sent out a powerful signal; a signal that will be felt and heard. You know that this powerful thought will go out in the universe and, gaining motion, will in time make this dream come true for you. It will happen in ways beyond your imagination.

Back to the young lad I taught that evening. In three days after that lesson, he had a good job offered him, he saved a little cash and went to a rummage sale picking up some old pictures for a song. After cleaning them up he had them

valued and the valuer offered him a thousand pounds for just two of them.

He would not sell at that time but the word went out that he was the owner of very old pictures and a lady came into his life who was the owner of an antique shop. They met a few times and, cutting a long story short, they married and now he is the owner of the shop. No hope he told me. No hope indeed?

Affirmations to use:

Day-dreaming is a stream of thoughts emanating from your Mind, reaching out and seizing their physical equivalents, then bringing them back to you.

Mentative day-dreaming operates as a direct line to Universal Mind which, in turn, connects you to a source of never-ending supply.

You no longer have to wait. The waiting for riches to come to you is over. Mentative Mind is organic and active and with it you dictate your own fate. You can have power over any and all situations.

You carry within you the most powerful device known to man. Not only will this device reach out to others and affect their Minds, but also sway them to contact you and obey your silent commands. Do not abuse this power for remember like attracts like.

The more colourful and detailed you make your dream, the more dynamic will it become.

Mentative dreaming will unleash a rush of good fortune, bringing to you money and wealth and, what is even more, it will bring good fortune to those around you.

Mentative energy will cut through logic and the impossible, bringing the wealth you require right to your doorstep.

If you have practised the last two lessons (or shall we say instructions) then a very strange thing has happened to you. You may not notice this at the moment but you will, for at this very moment you have activated the nerve cells of your brain. You have set in motion energies which are now streaming out aimed at and hitting their targets, be they

people or places, affecting them and bending them to your liking.

Mentative energy has made you into a powerful source of dynamic Mind. You are capable of sending and receiving energies for miles around you. We will proceed to make this power even greater, for there are ways in which you can draw to you all the things you need so fast that you will be standing in a flood of good fortune. The things you want will be attracted to you like pins are attracted to a powerful magnet.

A man I know, who we will call Sam, had the misfortune to break his watch. When I met Sam, he was bewailing the fact that he had broken the watch. I pointed out to him "Sam, if you keep pondering over that broken watch you will attract to yourself a whole stream of broken watches. Now I don't mean that you will get a load of broken watches but look at it this way – the broken watch is a misfortune and as surely as you keep thinking about it, you will bring about a whole string of similar misfortunes. Now, old son, you must think about it like this; I could do with a new watch because all the time I had this old watch it was keeping me from getting a new one – so perhaps it's really lucky that I broke this one."

This exercise is called Mentative Mind Exercise, it is turning negative thought into positive thought. Once Sam stopped pondering on his loss and began to think of a new watch, things began to happen. A few days later a fair came to town. It stayed in a field outside the town limits for a week. On the following Sunday, Sam decided to take a walk across the fair ground, inwardly hoping that he might find a little money lost by the crowds around the side-shows. Indeed he did pick up some small silver but, in the long grass at the edge of the field, spotting something shiny, he investigated and there lying waiting for him to pick up was a watch. This watch was a digital watch which Sam immediately took to the police. They said it was unlikely that anyone would report it lost and after three months he could claim it.

Now Sam did not care overmuch for this "new-fangled

timepiece" as he called it, and one evening he took it to the local Inn hoping he could sell it. To his surprise a man said, "That's just the sort of watch I need for my daughter. Tell you what I'll do, I will give you these two watches for it". Sam accepted the offer and, taking the oldest one to a jeweller's shop, to his great surprise the owner of the shop gave him £20 for that old watch.

Take the case of Jack. He was a builder's labourer with dreams of becoming a master builder but he needed cash to set up the business. He tried for a bank loan with no success; the manager telling him to show some security before he could grant a loan. Jack owned two cars, one fairly modern and one very old, which he was trying to restore in his spare time. He knew the old car was valuable and wished he could sell it. That was the snag and although he approached a dealer to sell it, after nine months it still did not sell. Jack was very despondent and he blamed his luck, the dealer, the whole world. "If only I could sell that old jalopy I could start my own business", he told me.

"If only it would sell", he said nearly in tears, "what's stopping it from selling?, if only I knew that" he wailed. "The only thing stopping the sale", I told him, "IS YOU. Stop thinking negatively and it will sell. It is your limited way of thinking that's holding it up. All the time you keep thinking the car won't sell, it will not sell. Change your Mind and it will go. Every time you pass the lot where your car is offered for sale, you read the notice on it 'FOR SALE', and all day that notice stays in your Mind, you are sending out the negative thought wave 'for sale, for sale'. Now stop that way of thinking and substitute instead the word, SOLD. Sit down and see yourself being handed £500 in notes; see yourself counting them. Get that word in the front of your Mind, SOLD. Go about your daily work and stop thinking about the car because you are paying a dealer to think about it - that's his job so leave it to him. Stop sending him negative thoughts and he will be able to get on with it."

Jack and I had a long talk during which I pointed out to him

that the power in his Mind was like magic and all he had to do was sit down and imagine; let his Mind dwell on the things he needed, then project that thought outward into the exterior physical world. Your Mind, I told him, is linked to Cosmic Mind. You are a connecting link between the physical world and the realm of Infinite Power.

Whatever you choose to think or dwell on when Mentating, your psychic or Mentating Mind will cause a similar stir in the physical planes around you and that will, in turn, cause a direct manifestation on the physical plane of your life. Just as you Mentate, so will that happen in your life. It's as simple as that. You have nothing to lose and everything to gain by Mentation.

If you choose to focus on the good things of life then focus in a positive and powerful way. Those good things of life will start to come into your life. You must rid your Mind of self doubt, confusion and negative thought and clear all the thoughts that are holding your Mind in turmoil.

Yes, Jack sold the car and it took only three weeks to do it. In fact, it fetched a much higher price than he had expected and then, out of the blue, came an offer of a partnership in the same firm for which he had been working. Now Jack began to think and act like a prosperous employer instead of a lowly labourer and his thoughts of success stirred up far more success than he had envisaged. The daughter of another director of the firm began to take an interest in him and it was not long before they were married. Today, five years after Jack sold that old car, he is the sole owner of the firm for which he once worked. Such is the strength of Mentation.

# Chapter Six

Do you wish to step forward on the magic road to riches? To do this quickly you must simply leave behind you all feelings of doubt. Get rid of past anxieties and take stock of your past. Throw out all that could hold you back. To bring in the new you must throw out the old. For instance, if you wish for new clothes, then go through your wardrobe and sling out all the old, because the more you throw out, the more will come back to replace it.

No matter what it is you need, throw out all that is stopping you from receiving it. Do you want a new job? Well, start to rid yourself of everything connecting you to your present job. I know a man who, fed up with his job, decided to take a day off and go to the local auction market. He had nothing definite in mind but seeing some birds offered for sale he put in a bid and bought them.

Nothing strange about that but, on reaching home with those birds, he was offered for half of them twice the price he had paid for all of them, and the next day the remainder sold again at a far higher price than he had paid. That man today is a successful dealer in birds. Each week thousands of birds pass through his hands. The secret: he left the old to take care of itself and once he had made the break, the new and far more successful took over. Give your Cosmic Mind a chance to function and the world can be yours.

I know of actors and actresses who use this method continually. They take time off regularly to free themselves of the old and so, by Mentating, they release new energies, creating the way for new and bigger success to come to them. One very successful actor recently told me, "I never attempt a new part or programme unless I am in a state of being ready for it. First I Mentate on freeing myself from all old grudges, all old problems. I free myself from tiredness, and old problems connected with previous parts are released. Then I form a picture of myself in the part I wish to portray and, by the time I come to act that part, I AM that part and success always finds me". The gimmick to all this is simply Mentation.

If you wish to be on the side of the winners, receiving all the best life has to offer in the way of wealth and good fortune, you must get down to thinking on the right lines. Good fortune is not some coincidence or something that happens to a chosen few.

When you see someone striking what you think is good luck, do not envy that person. Envy is a negative thought so instead of envy, think of wishing to pick up the thought of that successful person. If you pick up that thought then some of that good fortune will come your way. If you can but realise that the person receiving the good luck has probably prepared the way for its reception, then you will know that the person richly deserves that luck.

You must, right now, let go of all negative thought, push out all doubts that are related to your past life and forget what you have been through in the past for it is over and done with; pondering over it will get you nowhere. Once you stop worrying over the past you will open the door to energies that work like magic to bring you all the things you need.

When bad luck or misfortune comes your way, when you lose your job, get the 'flu, when the car goes up in flames, when the milk turns sour, when the water pipes burst, and the electricity fails, when things are stolen from the garage, when children break the window, when things you have worked so hard to get are ruined then stop and think, "How am I attracting these troubles or problems?". Ask of yourself, "What am I doing wrong?".

The answer will be found in the fact that you are holding on to something which should be thrown out. You have a negative thought wave operating somewhere so check through your actions over the past few weeks. Who have you envied? Who have you wronged? Search it out. Sit back quietly and let your Mind flow over the recent past and in a short time you will find it.

It is a sobering thought that perhaps it's not so much what is it I am doing as what am I failing to do? Are you holding on to something that you should be sharing? Take money for instance. Suppose you have a windfall of cash — what will you do with it? Put it away and forget about it or will you spread it around so that it can accumulate more?

If you start pinching and holding on to your possessions, if you start thinking that you cannot afford to part with what you own, if you think that donating some of your cash is not for you, then you are creating a field of non-magnetic energy that will keep you from the very things you want.

I am not suggesting that as soon as cash flows your way you must give it all away but what I am saying is, you must share some of it, not a vast amount, just a small donation to someone who you know needs a little help. First take a certain amount of the cash which you have decided to part with and sit quietly in an easy chair, relax for a few minutes and then holding the cash in your hand, look up to the ceiling and say, "Divine Universal Mind, I give thanks to thee for all my blessings. Look kindly upon this money that, in your name, I freely give to (here use the name of the person you intend giving the blessing to) this token of faith in thee."

Now go your way and when you meet this person hand over your token. Either give them the money as a small gift saying that you have had some luck and would like to share it or, failing that, perhaps you could take them out for a cup of coffee in a cafe. No matter how small your token is – by doing it you will have created a powerful energy of prosperity and well-being and a great feeling of peace will come over you. Now is the time to think "I am now in receipt of good fortune; to me are flowing the energies of prosperity, and well-being".

There is something strange and weird that circulates upon the earth plane when you wish someone well, or help them. In doing this, a magnetic wave of energy is released bringing about a tide of dynamic prosperity. This not only applies to you but will spill over and interact with the person you have

blessed.

The aura of success does not only stay with you. By blessing others and wishing them success, you are creating such a stir on the psychic plane that, spreading out, it not only influences those who you have blessed but it will rebound, increasing your chances for prosperity a hundredfold.

I do not care a lot to bring religion into my writings but, breaking from my general rule about this, I would like to bring to your notice the words of that great master of faith in the Christian religion. According to Jesus "When you pray asking for blessing or material goods, believe that you already have them and they will be given you?"

have them and they will be given you".

# Chapter Seven

Perhaps the easiest method of Mind exercise is by reading. I would advise you to buy one or more books every month; books on gaining riches. The publishers of this book can supply you with the correct books for making money by mental powers. It is a fact that every time you read a success story, your Mind is creating a like energy. As you read so you think and all that remains is to send that thought from you.

As an example, when you read in this book of a man or woman who have found success, read it again slowly and every few lines say, "This can happen and will happen for me". See yourself in your Mind's eye in the place of the person you are reading about, mentally change places with them, enjoy their success saying, mentally, "That is me I am reading about and I know that success is now within my grasp." This is a powerful Mind exercise so learn to do it continuously. Every time you read a book, put yourself in the picture.

Scientifically it has been proved that every thing on this earth is giving off vibrations. Every situation gives off an

energy that is electro-magnetic in character. Everything in the world around you is nothing more than a mixture of vibration, and this vibration is nothing more than a direct manifestation of human thought.

No small wonder that as your thought is, so will it return unto you. It's really remarkable that if only you will hold the thought of expecting good fortune or money coming to you, then you are creating the manifestation of that good fortune or money in your life and the stronger the thought, the sooner will it manifest.

I do wish to impress upon you that by working mentally on the inner plane of your Mind, by exercise or Mentating, you are projecting the force of power and energy of attraction. Supposing that a certain firm or business is thinking of upgrading or promoting certain of their staff. By Mentating on success you are putting yourself in the space of availability and, more than that, you are sending out a silent signal that you are the person who is more fit for the job.

Try a touch of sheer magic. You are in need of cash so write yourself a few cheques – yes I mean that! All you do is to sit in a comfortable position at your table, take a knife or scissors and cut out pieces of plain paper the size of the cheques. Now sitting quietly think, "I am a business man of great wealth and I think I will buy a hotel, shipping line or whatever comes to mind". Write out your cheque and buy it. Yes, I know it sounds not quite right but remember, in Mentation your inner Mind will only respond to pictures.

Your subconscious Mind will act on those pictures and it's only your faulty reasoning Mind that is telling you it's silly. Mentation, you will remember, by-passes logic and reasoning, bringing to you the pictures you create.

While on this subject, suppose you need a car, then start looking in magazines for the car of your choice and cut out all the pictures of cars that appeal to you. Get a scrap book and fill it with photos and pictures of cars and look at it as often as you can, filling your subconscious Mind with pictures of cars

and soon, very soon, the opportunity to own such a car will come your way.

You need cash? Well take a £5 note, cut out circles of O's and place on the note so that it reads £5,000. Do it often enough and money will start to flow your way. Take a sheet of paper and fill it with drawings of money, just a rough sketch will suffice.

If you look through your daily newspaper you will surely find vast sums of money printed. Cut out these imprints and paste them on a sheet of paper to let your Inner Mind be filled with representations of money and soon it will produce actual money before you. Yes, I know it's a daft idea but daft ideas have always made fortunes for those who gave birth to these way-out conceptions.

Just what is the power behind these daft notions? Are they really so daft? When you place before your Inner Consciousness pictures of cars, money, houses or other desires then you are using the energies of Light and Attraction. You are immediately creating a space in time and, what is more important, you are placing yourself in that space of availability; putting yourself in the front line for positive events to take over your needs and give you the good things you crave.

By making pictures this way, you are by-passing the need for concentration and thus outwitting your meddling conscious Mind. In doing so, you are hooking up with Super Cosmic Mind which is infinite and not only are you becoming open and available for the subjects of your pictures, you are also becoming extremely positive. A magnet and target for prosperity.

I have known students facing stiff exams, to sit and write their names at the head of imitation papers, then under each heading of, say, History, Geography, Arithmetic, they have given marks of 90 out of 100. By doing this they have created a picture of success and very rarely have they failed.

Mystics and those who for years have practised Mind Power have always believed that if you wish to see something happen

in your life, you must first create a symbol of that happening and treat it as the real thing. In other words, draw it on paper and you are drawing it to you.

I know a young girl who a few years ago was left an orphan without friends or relatives; she had been placed in a home for children. On reaching sixteen years, she was sent out into this hard cold world to make her own way. When we first met she was working in a cafe earning a very small wage and that evening she was in tears with all her troubles. She had no cash and she dearly wanted a dress that was being displayed in a local shop.

She said to me, "I wish I knew how I could earn more money, I miss so much in life working here". I said to her, "Will you try an experiment for me?". She agreed and I said, "I want you to draw, the best way you can, a £5 note on one of your handkerchiefs and I want you to carry that handkerchief at all times. When you see it each time you use it I want you to say 'I will be rich because I will live with Cosmic Mind that can and will make me rich'."

That young girl has a large bank account these days. As soon as she found that money was coming her way she asked me for other methods of gaining wealth and she became one of a number of students who have carried out the instructions in this book. Yes! they are all wealthy people now.

I could tell you of one student who, after only one month, was given an increase in salary of over £20 a week. Another student started on this exercise on a Monday and by Friday had pulled off two large deals in cars which netted him over £500. Another student started on a Wednesday evening. He said "I know it's hopeless but still I will have a go". Two days later he found a wallet in the street containing £100 – it was never claimed.

And the man who, out of work for months, wrote on his handkerchief, "I know I can get a well paid job". Three days later he went for an interview and sure enough he landed the job and it was but a short time later that he was promoted. He's a supervisor now and has a company car and is buying his

house. I asked him, "How did you get a mortgage", to which he replied, "Easy, I wrote it out myself on paper, went to the bank and they fell over themselves giving it to me and you know something, every month, when payment is due, I seem to get a sum of money that comes almost from thin air".

A lady I was speaking to a few weeks ago told me, "I wished to sell my house but the sale hung fire so I wrote it on paper, drawing the house,. I drew a sale notice in the garden and the next day I changed the notice to Sold. Then I wrote out underneath my drawing a contract paper saying sold for £38,000. In exactly seven days I sold it and got a larger sum than £38,000".

Surely you can spare the time to draw a picture on your handkerchief, it will cost you nothing but a little time, and the reward will be great.

It will work like magic. Many have said, "It just happens – money comes from thin air somehow and things always turn up." You don't have to think about it, it generates money time after time and not only money but whatever it is you need is drawn to you. Of course psychologists have always said that whatever you look at over a period of time will make an imprint on your subconscious Mind, whether you are consciously aware of it or not.

This being the case and knowing that whatever the subconscious Mind sees in symbol it will draw to the person on the physical plane, you will be able to realise why success breeds more success. In drawing on paper and handker-chiefs you are generating thoughts and feelings of prosperity all the time and, not only will you start to feel richer each day, in a short time you will experience money actually coming your way.

Make up your mind that from this day onward you are going to be lucky. You are going to live and move in a world that knows no limitations — you are going to live with all-powerful Cosmic Mind. You will find that once you start wishing for one thing much, much more will come your way.

There is plenty for all in this world and you are entitled to

your share. Cosmic Mind will ensure that you receive your share and you will be suprised at the magnitude of that share.

By these simple exercises you can change yourself into a powerful magnetic person. When you start to practice these exercises, be prepared for fast intense results, because the field of attraction that these exercises set up is vast and will pull to you the very things you have imagined. It will not stop there. It will produce many other things that will be to your interest and benefit.

Remember, when you become a magnetised person you will attract to you within hours all the things you need. It is well known that like attracts like and that is a Universal Law that will never be broken. What your Mind reflects, will be given you in abundance.

You can receive more quickly the things you need by sharing some of your goods with others. Share your prosperity and it will be returned in far greater measure. By giving a little of your wealth you create a field of magnetic power which acts in your favour and it will bring back far more than you have given. You will experience the strange fact that as you give, so will you receive; as a magnet attracts iron so will you attract money or the things you need.

# Chapter Seven

I will now bring to your notice another way of contacting Super Mind. No matter who you are, somewhere in this book you will find a way of obtaining all you need, but it will be realised that one method will not suit all personalities. If it were so easy, then there would be no use in writing any more to this book. The method that appeals to you personally is the quickest method to gain what you seek.

First let me give you some case histories. Remember what I have said about this – put yourself in the same image as the people you are reading about. Let your Mind tell you that this person of whom I am reading, is me. Read each word slowly and carefully; read it and try to live it.

In a certain cafe in the town, there was a young girl whose work was hard and the hours long. I told her about the exercise, which I shall name Telly. She laughed when I told her how simple the exercise was and I warned her that after a hard day in the cafe she would probably drift off to sleep. Later she admitted she did drop off to sleep but that did not stop the magic power from working.

Just one week after starting this exercise the cafe closed down and our girl was thrown out of work. Spotting an advert in the paper for a job as an hostess she applied for it and to her surprise, at the inteview she was confronted by a customer of the now closed cafe. He said "Well fancy you being out of work – do you mind telling me what happened?". She explained how the cafe had closed down and he said, "That's a good job for you it seems, because I am delighted to be able to offer you the vacancy as a hostess at my club".

It did not stop there, for at the club she got to know a man who moved in circles of entertainment. She accepted an audition and was taken on for a part in a film from where she quickly came under the notice of another film director. She is a star now. I asked her how it all came about and, laughing, she told me that she wanted to be on the stage and saw herself there in the way I told her.

A certain motor mechanic who was a good worker and who always gave his best, dearly wished to get married but, as he said to me one day, "I would love to get married and my girl wishes it too, but my money will not keep us both, not in the way I would wish it, so no marriage. Can you advise me?".

I told him about Telly and he said, "Well, it costs nothing to try so here goes". Just two weeks later he was promoted to foreman at nearly double the wages he had previously had. Three weeks later he won on the football pools and one month later he bought a partnership in the garage. With the money he put in, the business expanded and yes, he is married now! Money? Why, he is a rich man who no longer works others are making money for him so why should he work?

No matter what it is in this life, if you want it you can have I concentrate on money because this usually is the first thing that people wish to have. Of course it is a useful thing to have behind you but it is not the only thing by any means.

What I have found to be the strangest thing about these exercises is that people, and my own students, carry out an exercise say, for good health, and wind up not only with vastly improved health but also with a large sum of money.

who have concentrated on money, on the other hand, have found good health by way of a bonus. Somewhere, I suppose, there exists a super psychologist who could explain it in long words if only one could understand the meaning of the words.

I would like to tell you about Annie who was not too good looking, in fact far from it; but I must be charitable about her looks for she desperately needed love. When we first met, she was pining for a lover and I told her about Telly which she said she would try. I went to see her at her flat to enquire how she was making out but she was not to be found. I made enquiries and found that Annie had met and married an elderly man who was extremely rich and, at the time when I sought her, she was on her honeymoon in America. Such is the power of Telly.

It happened to Minnie too. She had been trying for months to gain the attention of a certain young man and, in confidence, she told me she had even tried Witchcraft. Now, although that had cost her much money she still had made no headway with the boy of her dreams. I gave Minnie a copy of the Telly exercise and that evening she started to practice.

Several days passed, then Minnie received an invitation to a dance which was followed by a party and there, who should she be introduced to, but the boy of her dreams. After a few drinks they hit it off, became good friends and it was not long before the engagement was advertised in the local paper. Minnie is a proud mother of two children now. This is the power of Telly.

It works for the other sex too. Robert had been trying for years to find a girl. He was shy and seldom went out in the evening. A girl in a paper shop seemed to be his ideal but how to approach her was his dilemma. He practised the exercise I gave him and about three weeks later he was on his way to the shops when just in front of him he saw the paper shop girl.

Suddenly she tripped and fell, and Robert helped her up.

That broke the ice, so they chatted about her fall and she asked him to help her home. This was the beginning and they dated regularly after that. Yes, they are married now.

When you put into motion the powerful exercise of Telly, you never know what is going to happen. Be ready for surprises! Not only will it produce the things you want but it will affect other areas of your life. I have noticed that when you tap into Cosmic Force through Telementation, you are linking with a force that will make things happen for you in a much larger way than you ever expected.

When practising Telly, you are calling up your very own Cosmic Agent who wields a Super Force that reaches out and connects with a Divine Force that makes things happen for

you in every area of your life.

This book shows you the magic road to riches. It is full of exercises – every one a practical method of gaining the things you want. Now, although each exercise is complete in itself, they all generate the same power. The same effect can be gained by using any one exercise yet, while some will appeal more than another, you will come to no harm by trying each exercise.

Every time you practice any exercise in this book you are training a part of your subconscious Mind. You are using what can be likened to a Mental Muscle and muscles are strengthened by exercise. Every time you practice you are intensifying your mental powers and if you pick one exercise and practice with it, you will at times get an instant result. What is more, you will activate the mental muscle and put into motion other mental forces at the same time. If you are concentrating on, say money, you will automatically put into motion a power for good health.

Briefly then, if you practise just one exercise, you put into motion all the power of the other exercises because you are activating a powerful force that does not stop with just one exercise. You can, for instance, practice an exercise to find a perfect partner and end up with a large sum of money to spend on that perfect partner! Strange as it may seem the money

may come first! I knew of a case where a man sought the partner of his dreams. After a few days he won a competition for a car and a few days later he met the girl of his dreams. Asked for a date, she replied, "I only date men who have a nice car". Such is the power of Cosmic Mind.

Poor Lily, she had domestic troubles. Her son was in trouble with the police, her daughter was getting out of hand, she was suffering bad headaches, money was getting short, and with all the worry, she was losing time at work. Lily came to see me about another problem but, with tears, out came all her troubles. I told her to relax and try Telly with me. She dropped off to sleep and, when an hour later she awoke, she told me her headache was gone and she had found peace for the first time in months. From that time on Lily had no more troubles. Not only had Telly relieved her from pain, but in some way it had affected her children and she had no more problems from that source. Cosmic Mind had changed their attitude to life.

From that day on, her son changed completely and no longer got into trouble because of his violent temper. He calmed down, took an interest in his schooling and joined an evening class to learn carpentry. Her daughter also became more manageable. Instead of rushing off in the evenings to meet boy friends, now she stayed in and helped her mother to run the household; taking her turn with the cleaning and washing.

Why do I call this exercise Telly? Because you use the Television Set!! Think a moment; you are used to seeing moving pictures on the Telly, and that being so, it becomes an easy matter to envisage pictures on the screen when the set is switched off.

#### The Method

First write down your dream to get it in order. There is no need to write it in detail – just jot down the important points and go through it mentally a few times until it is clear in your Mind. Now draw the curtains, as it works better in a

darkened room. If you are working late at night, light one candle, one candle only. Now, take one of the case histories from this or any other book and place it where you can read it by candle light.

Start first with the man or woman in the story. Looking at the vacant telly screen, try to picture just the form of the person and try to get a vision of this person. How are they dressed? What do you think he or she looks like? Get the person's mentality if you can, then go through the story slowly seeing each part in detail, seeing prosperity coming to them, imagining their reactions, getting it as clearly as possible and then, looking at the candle flame, say, "As it happened to them, so will it happen to me".

At first try two or more stories then back to your own story. Make it strong, leaving out nothing. Go for something big for there are no limits – remember, you can have the earth if your wish is strong enough so put everything you have into this part and then, after five minutes only, look into the candle flame saying "I am a cosmic attraction to prosperity. As my thought is, so shall I receive it many times over and above the things I desire". Now cast your Mind back to any time when you were happy at receiving some good luck and dwell on this moment to get back to that happy feeling, then, breathing slowly in and out a few times, say, "I can attract good luck today and every day. I know my Mind is in touch with Cosmic Mind and it will give me all I ask". Say this several times then blow out the candle. Now the important thing. Go about your normal business and DO NOT THINK ABOUT WHAT YOU HAVE DONE. you drop off to sleep during this exercise, do not worry for your subconscious Mind will take over and keep up the exercise for you - just remember to say the instructions at the end of the exercise. It has worked for others; it will work for you.

### Affirmations

When using this last exercise, you will be consistently focusing

on one aspect of Mind. This level of Mind will eject a force that will be picked up by Cosmic Mind and this, in turn, will cause your focused image to manifest on the physical plane of existence. It will be over and above the things you need. Nature will always over-do things.

Make certain that the thing you focus on is what you really want to take place in your life. Whatever you attract will be given you. You'll be rewarded far above your expectations. By consistently doing this exercise you are charging up your Mind and this will make your powers of attraction that much greater. This, in turn, will create an automatic reflex bringing to you riches and prosperity.

On the reverse side of the coin, you can attract ill-luck just as easily so beware! Do not listen to, or concentrate on, idle gossip. It is a negative condition. Do not listen to stories of ill-health for these stories can be contagious. If you pick up a medical book and read about symptons of various illnesses, you will soon find that you are suffering from multiple diseases. Such is the power of Negative Mind.

Try to avoid being drawn into arguments, or taking part in negative situations. It can happen so easily in this workaday world so avoid jealousy and resentment for they will work to destroy your magnetism. Do not let them cancel out the good work you put into your exercises. When faced with these negative de-activators, quietly turn your eyes and the palms of your hands upward an silently say, "I am a child of Cosmic Mind; I need help". In a few moments you will feel a powerful force enter your Mind and body which will sweep away all negative conditions.

Fear is another tough enemy which will destroy all your good work. When in fear of anything, do not hesitate to go directly to Cosmic Mind for help and there is no need to tell Cosmic Mind about the thing or condition you fear. Cosmic Mind will already know what is causing you pain. I have known people who, by using these exercises, have attracted money and prosperity and, in the same space of time, lost it all through negative thoughts.

Time and again I have seen a person gain wealth, love and good health only to lose it through fears, jealous thoughts and envy. They have de-activated their magnetic appeal. Through negative thought they have lost all. It is a sorry thing to witness a person who, through Telementation, has become a walking magnet, drawing to them a multiple supply of the good things in life and making a clean sweep of prosperity and love and then, through mental jealousy, envy or fear, lose it all. It is far more difficult to gain prosperity the second time. Telementation will work the first time but destroy its power through negative thought, and it may not work again.

# **Chapter Eight**

I believe it was the Egyptian god Hermes who said, "As above so below". Not too many people know that there is a similarity between the Sun and the Human Mind. At times great flares are emitted by the sun, and at these times all electrical functions, such as radio and radar, are affected by static or electrical energies. So too does the Human Mind give off flares.

These so-called flares are set in motion by your innermost emotions. These flares, or mental signals, are transmitted outward into space where they are picked up every minute of the day by other Humans who are thinking thoughts of a similar nature. These thoughts, working with the combined strength of several like Minds, create events and situations that are in direct line with your own secret thoughts.

Let us pose this situation. You have become interested in a deal or some form of business and having invested a sum of money in this venture, you now begin to wonder if you have made a mistake. Will this venture pay off and was it a wise decision? In a nutshell you are having a feeling of FEAR; an inner fear of losing money.

At this moment then, you are giving out signals of loss of money. Now these signals, as we know, are being picked up by other people who will act accordingly. Suppose at this time you decide to ask for a loan. You have parted with your capital, remember, and now need some immediate cash so you go to the Bank for this loan. Well, you will not get it. Why? Because your Bank Manager has picked up your signal. You have transmitted, to the world at large, your fear of loss.

A proposed deal comes your way in which you are offered a partnership or asked to go in with a venture that looks like making a large profit. Your finances are sound and your credit rating is high yet all comes to nothing. Suddenly the offer is withdrawn and you cannot understand why.

You are the owner of a business; let us postulate that you are the owner of a shop which has been doing well. Trade has been brisk and you order a large amount of stock ready for the Christmas trade. Suddenly everything starts to slacken off and, on top of that, bills are starting to pile up. Your ready cash has been spent on the extra stock but it does not sell and you are losing customers. Why?

This is an illustration of what could happen to any person who transmits thoughts of fear, envy, doubt or resentment. All these negative thoughts are picked up by others who will act upon them. They may not be aware of what is happening for they are not doing this deliberately to spite you, but they are simply obeying a Cosmic Law. These are the dread signals of want and poverty so be ever on your guard against these enemies.

Are you at this minute sending out these negative signals? Are you, through your inner emotions, sending out the signal, "I am not ready to receive money, I am not likely to make a good partner in any form of venture, I am not ready for success"? Stop and think about this and do not say too quickly, "Oh, that is not me, I don't think in that way". I ask you, "Are you sure?" Search your soul and come clean. It is important that you get in a state of Mind that is ready and

waiting to receive prosperity.

Start now, at this minute, to send out a positive signal. Welcome money. Know that you can work wonders with money. Love money so much that you wish to make a never-ending supply of money. Take time out to write in your diary, "I welcome money, I look forward to receiving money, I thank Cosmic Mind that I am a child of Divinity and can bring about prosperity in my life, I will use this prosperity to help those in need".

Remember what I have said; by writing or drawing on paper you are imprinting on your Inner Mind a picture of what you desire. Above and beyond that, you are programming your Mind for success and prosperity.

Take a look around you, take special notice of the folk around you, note how they are moving through life with guilty looks and feelings. What are they scared of? Why, money of course. They are worried about the situations that have arisen because of money and they are afraid of what money has got them into. If you could ask them their thoughts about money, many would answer, "Money? O Yeah! its the root of all evil".

Your daily newspaper is full of crime stories, shoplifting, stealing this that and the other, desperate crimes and silly crimes, but all of them caused through the lack of money. But they do not say it is caused by lack of money – oh no! It's lack of love, lack of opportunity, no chance to get on, lack of education – Oh, the excuses they make!! Anything but the truth and the sober truth is, lack of money brought about by negative thinking. If only all people could know one powerful fact. You are now, at this moment in time, living in a sphere of Cosmic Perfection. You are a child of Divinity, it is your birthright to have and hold your share of abundance of good fortune, good feelings, love and prosperity. You should not lack for anything in this world for there is plenty for all; plenty to spare so hook into Telementation and grasp your share. If, at this minute, you are short of any one thing it is not because you were born to be without.

You were not born to be without; you were born with the very power that created you and created you in it's own image which is an image of Perfect Cosmic Mind. Through Telementation you can start to use this power of Cosmic Perfection. You deserve, right now this very minute, to have perfection in all things, love, money, happiness, har-

mony and prosperity in every area of your life.

I want you to make this search (yes I have said it before) – have you been sending out these STAVE OFF signals? Have you been caught up with any of these negative emotions? FEAR. DOUBT. ANXIETY. Watch out for them and do not let them keep you from claiming your Divine Right. From now on make certain that these negative thoughts are barred from your Mind for not only do they stop you actually making money, they cause you untold damage by sending out the signal, 'I am a risk where money is concerned. Do not rely on me, I am very shaky and unreliable as far as making money is concerned'.

Everybody has their own innermost emotions and private attitudes regarding money and prosperity. Why you feel the way you do about money is not only due to your own decision to think that way but there are other factors to look at. The environment in which you were raised, your parents and the way they taught you to regard money, all these things can be for good or bad.

Suppose you were raised with the 'One-must-save-for-a-rainy-day' outlook towards money – yes, you have probably heard that expression many times. Has it occurred to you that this is a negative thought? Let us look at a case of a man who saved for a rainy day.

Tom had a steady job earning a fair wage. He ran a modern car, lived fairly well and each week he put away some of his earnings towards a rainy day. He accumulated a few pounds in this way and then his car broke down and all his savings went in repair costs. He tried again putting together a few more pounds and just when he thought that he was doing well, in came bills for repairs to his house. Not only

did Tom's savings vanish but he found he was getting into debt with his HP payments.

If you remember that your thoughts and feelings are, in fact, psychic signals to others then you can readily see that you will indeed attract to you exactly the situations that match your inner attitude to money. Again, I ask, are you at this moment carrying around inside you the powerful signals that are actually holding you back?

If you are not moving down the magic road to riches, if you are a victim of negative situations through the factors discussed, then you must release yourself from this negative junk that is damming the flow of prosperity that should be pouring to you this minute.

Can I hear you saying, "It's easy for you to talk. You say get rid of negative thoughts but suppose you tell me how". Fair enough, I will tell you how. Here is a way that never fails. Negative thought is a disease that vanishes when action is applied. The simple formula is "Do not worry but take ACTION instead".

Take action, MENTAL ACTION. Find a quiet spot where you will not be disturbed and sit quietly. Relax for three minutes, close your eyes and imagine you are standing at the top of a flight of stairs which lead down to a cellar. Now commence to go down these steps and start counting. First step say '20', the next step say '19', go on down slowly and with each step take a deep breath, say '18' breathe out; continue until you reach the bottom and stand in the cellar.

Now imagine you are kneeling and in front of you is a lighted stage. Figures are moving on that stage and, looking closer, you see one figure that surely is your double. Yes! it's your inner double. You kneel before an altar and you hear yourself repeating these words, "From now onward I loosen and release from my Mind all negative thoughts related to my life". Repeating these words for at least ten minutes, you then get up off your knees and, looking upward, you say, "Thank you for my release".

Now open your eyes and say mentally to yourself, "I am

going to count from one to seven. On the count of seven I will be restored to a wide awake state, I will feel in perfect health, I will be alert and I will know that this negative feeling will be gone from my life. I will now ensure that these negative feelings will no longer be able to influence my life. Now, SNAP YOUR FINGERS, saying, WIDE AWAKE, WIDE AWAKE, I AM NOW WIDE AWAKE.

I started out to warn about negative thoughts like worry and fear which you can recognise easily, but what of the subtle enemies? I must warn you to be careful in the days ahead. You are walking the magic road to riches through Mentation, you will find yourself coming into new situations of prosperity and receiving gifts of financial rewards.

Now this may be very good news indeed but this will not be such good news for your present friends. Remember they will not be able to move into riches as fast as you, indeed some will not be moving at all. They will be having feelings of fear, threatened by your moving into new spaces and as you move into new opportunities, they will be stuck with their feelings of lack and poverty.

You must not waste your time trying to help these people but leave them behind. Trying to help them will only hold you back. Remember it is not your fault that they are in their present position as not everyone is open to prosperity. Leave go; do not let them hold you back. It is impossible to move forward holding on to the present. Let go – move.

Cast off all the old and grasp the new.

You must remember that whatever you dwell on will begin to manifest in your life. To constantly remind yourself that some of your friends are jealous of your prosperity will only bring their negative energies into your life. When these energies manifest many times over and over, it will indicate that various people are trying to hold you back.

Realising this, the danger is that once this thought has been set in motion, it's reality will press into your conscious life and hold you back. Their will will be against you and that thought can hold you back more than your own thought.

You must, if you experience this, sit in a quiet spot, close your eyes and say, "I wish to know the names of those who are jealous of me". Hold this thought for five minutes then go about your business and forget about it. Within a short space of time various names will come into your Mind.

As each name comes to your notice, pause a moment and try to envisage this person. Then see them covered in a BLUE LIGHT and say, "Bless you... (the person's name)... Please for your own sake negate your thought". Now focus your Mind on some recent pleasant action or time. Actually there is only one person in this world responsible for your failure or success – YOU. You are a divine creation and part of the all powerful COSMIC MIND.

To be rich and successful is your divine right and any human Mind that denies you and interferes with Cosmic Law is like a mote of dust floating in the air. There is no person on this earth who can prevent you from demanding what is rightfully yours. No person, no situation can come between you and Divine Law which is the Law that says, "As you think, so shall it be done unto you".

As long as you operate within these Divine Laws you are placing yourself in line for prosperity. Others may, and probably will, try to hold you back and keep you from riches but they will strive against you in vain because their limted human Minds will be taking on Universal Mind – the Divine Mind that controls forces which have no ending to their power.

As you practice these mental exercises you will find a steady and constant flow of riches and surprises coming your way. Money will flow to you from all directions. Just as it is your right to have prosperity, so it is your divine right to be able to choose the goods you want and, in like manner, you can choose the things and situations you do not want. The more prosperous you become the more you can afford to pick and choose. You are in command. You, and only you, have the control switch of your life.

Right now you are moving along the road to riches, the

magical road to prosperity and you are attracting to you the new financial rewards, new people, new ways, and a new exciting LIFE. Hold on – surprises are coming your way! The exercises in this book are magical components of Mind Force.

You have one more enemy to guard against which is one of your own making. 'Impulse'. You must guard yourself from acting on impulses. When you feel a sudden unaccountable impulse to do this thing or that thing, stop and assert your individuality, pause and drive out all outside influences, picture in your mind a Judge, see yourself standing before this Judge listening to his words. Hear him saying, "You can choose which you shall do, you do not have to listen to anyone neither physically or mentally".

In a few moments you will be able to see clearly by the use of this formula and then, thinking about the impulse, reason it out. Is this in my best interest or should I let it go? Once more, pause and then repeat this denial, "I deny to all, or any, the power to influence me against my best interests.

I am the Master. I am my own Master".

If you decide that the impulse is against your interests then drive it away from you saying, "I drive you away from me. You do not belong to me and I command that you return to those who sent you". Repeat this at least three times and the impulse will never again return. It will occur to some other mentality; those who are weak willed have to obey the command contained in the impulse but it will be powerless against your Inner Mind.

To illustrate this impulse feeling we will postulate that you have suddenly had the impulse to buy, or perhaps, sell an article at a silly low price. Maybe hours after this feeling, which you have wisely rejected, you will be approached by some person who will try to talk you into either buying or selling the article but you will notice that the bargain is all to the other person's benefit.

Now, you must not assume that this person has consciously tried to mentally influence you, but that is exactly what has

taken place. It could be that your name was given as a likely customer or that you were the owner of a sought after article. In either case, the influencing person naturally sent out a thought wave in your direction and, if that person had really concentrated on making the deal then, after all, that is what you have read – instructions on just that. Having your own way.

Still, I did think it necessary to open your eyes to this mental influencing but yes, you can smile now, for you know how it is done and how to prevent it being done to you. In the days ahead you will be amused and surely surprised at the proof of this statement. Day after day you will find someone, somewhere trying it on you. Always, then, assert your individuality as a centre of Cosmic Power. You are the Master of all that occurs in your life – You, and only You, are the WINNER.

# **Chapter Nine**

Lesley Ann, what a lovely name but the Lesley of my story was far from being lovely. She was a lonley girl and as for dates, they just did not come her way. Dances – why, she never was asked to them. Parties – Lesley was never invited. She worried a lot over this and, as was to be expected, the more she worried the worse her problem appeared.

This really was a shame because Lesley normally was a pleasant girl to know. She was highly intelligent, had a good figure, was keen on sports and in fact, if only her looks had favoured her more, she would have been the sort of girl any young lad would wish to date. Lesley, finally in desperation, came to me with her problem. She said, "I don't really believe in magic but I have heard about you. Please can you help me?"

I replied, "Not really, but I can tell you how to help yourself. Go and have a word with INTIM. I am sure that he can supply you with a boy friend." Lesley had her date and it became a permanent date for her for she is still with her boyfriend and, any day now, I expect to hear of wedding bells.

Yes, of course I will tell you of what INTIM informed Lesley. The information of course came from Lesley's Inner Mind and she told me that it went like this. "I knelt before INTIM in tears and I prayed for an answer. After a while I could swear that INTIM smiled at me and in my Mind I heard him saying, 'You are the most sought after girl in this locality. In a few days you will receive a letter asking you to a party to which you will reply saying that you are sorry but you have another date. As from now you will not be seen out at all. You must hide from sight and tell everyone during the day that you have been asked out to supper. Each day, invent another story of a date thereby making yourself unattainable for everyone. You are to create the idea that you are one of the most sought after girls in this town'."

By the end of three weeks Lesley's phone seldom stopped ringing. She had learned that the most popular girl was also the girl who appeared to be the busiest. She found that the girl most men sought was the girl who appeared to have many dates. The truth of course is that men do not want to date the girls that other men do not want. That is a fact of life. Young men, and it also applies to all humans, always want what they cannot have. Girls wish to date the boys that are with other girls and boys want the busiest girls.

Intim can be your greatest friend if only you will let him. Intim can be a girl too but, as a man, I tend to speak of Intim as a male which is silly of me I suppose because women also are interested in prosperity. In the classes I run, the majority of students are female. Is there a lesson here

somewhere for me to learn?

John stopped me as I waited for a train one evening. "I have heard about you" he started, "heard about a magical thing called Timtim or some such thing". "Intim", I corrected him, "Well, what is it you wish to know". "I just wondered" he said, "I could do with some help, really could do with some and, to tell you the truth, I don't know where to turn".

John surely had been having troubles. His wife was in

hospital waiting for an operation and that is where he had been that evening, sitting by her bedside in the hospital. He was worried about cash because just when he needed money for train fares, he had received a cut in his wages and all overtime had stopped.

John had a teenage son who, it appeared, was in trouble with the law. John needed cash for a solicitor. Bills were mounting up too – there was a matter of the mortgage in which he had slipped behind with his payments and his daughter was expecting a baby any day now he explained, with tears in his eyes. I told him that Intim can have the desired effect you wish and, whilst it will cost you little in cash, you will receive freedom from all your worries.

Well, John said he was very much in doubt about that but he would try if for, after all, what more could he lose? I told him, "If you are going to approach Intim in that mood, it would be better to forget all about it. If, however, you will only try it with an open Mind then I do not ask you to believe it; just do it with an open Mind, hoping it will work, and I can assure you it will answer your prayer".

It was a month later when I had occasion to visit that town again and I was waiting for the same train home, when John came on the platform. He was all smiles. Seeing me, he rushed forward grabbing my hand, "God bless you", he said, "You have literally saved my life. I tried Intim, as you said, not really believing but hoping and she gave me my life back. I asked for more money and she has given me more than I ever had before in my life. I asked for help for my wife and she has had the operation and all is going well for her. She will be leaving hospital any day now. My daughter has had the baby and I was able to give her a fair sum of cash to welcome the event. My son's solicitor won the day and I have my son home again. Yes, I am on top of the world and it's all due to you and Intim!".

Young Ronald was a nice boy but his only fault was that he would rather play football than study in school. Result was that he invariably failed his exams. Poor Ronald had many

dressings down over this yet I could understand his outlook when he told me he wanted to be a good athlete when he grew up. Yes, I told him, that is fine but you do need a good education if you are to get on in this world. I did the only thing that I could bring to mind - I went out and bought him his Imtim. Ronald said he was not going to mess around with anything so namby pamby like that, so I said, "Suit yourself, son, but look at it reasonably for once. Just look at you, you are in trouble at school, your teacher blames you for holding back the class so he has no interest in your future. Your Dad plays havoc with you for having such poor results, while your school coach threatens to take you out of the school team because he says your play is not up to standard and the reason, old son, for your bad play is that you are worried deep down over the way your Dad and your teacher behave towards you.

"Now as to namby pamby, as you call it, why not just for a while take your trouble to Intim? When you come home from school and go upstairs to do your homework, place Intim on the table and talk to her. When you come to a sticky question or problem, tell intim about it and ask her for help. I will guarantee she will not only listen but she will give you the answer to your problem. Tonight, start to talk to Intim and let's see what happens".

Ronald took my words to heart, he did talk to Intim. The result – Ronald is now captain of the school cricket team, his school reports are now high, he is once more a happy-go-lucky boy and the envy of many other boys. He has won medals for sports and swimming and, in fact, life could not be happier for the young lad. So it would appear that Intim will work for children as well as it works for adults.

I will hold back the mystery of Intim no longer. Intim is a Fetish. Intim can be feminine, masculine or neuter. You can use whatever you wish to form your Fetish. You can use a religious article or picture or, what would appear to be more effective, a doll of either sex.

It is a well-known fact that in this world there are many

such things and very powerful objects they are, to those who study the Occult. It is well known how these objects can radiate power, not always for the good of mankind but to emit strong signals of evil import. One important point in our endeavours is that our Fetish must be an object that is well-loved. A man will choose a doll which, in looks, is as near to his ideal as possible. A woman will seek an effigy of her ideal man.

This Fetish must be placed on a non-conducting surface of which glass is the easiest to procure or, failing that, china or porcelain. Having procured your Fetish, you must now charge it by addressing it with words of love or admiration. This will charge the figure with a strong psychic magnetism which, incidentally, is the power behind certain magic charms and amulets. I do not intend however to go deeply into the magical practice of Fetishism for it is not our purpose to practice magic; we are concerned with prosperity and health so we will leave magic to those who study it.

This is probably the most potent secret to be elicited from that ancient manuscript. If you had paid £100 for this book, it could still prove a bargain provided you follow the given instructions. If it is read as a point of interest and passed on saying, "Oh yes it really is wonderful" and then go your way forgetting all about it, it will gain you nothing.

But first have a closer look into the reason for making a Fetish of the opposite sex. We have seen that the law of Cosmic Power is, 'Like attracts Like'. Yet here we have a seeming contradiction. To get an understanding of this apparent conflicting refutation, we must revert to pre-history.

In some of the Ancient Religious Grimoires, it is stated that in the beginning the creatures of Earth were mono-sexual, they multiplied by division as do the common earth worms today. If the common garden worm were chopped in half, the head will grow another tail, the tail part will grow another head, and hey presto, we have two worms.

It is stated that the animals were the first to separate into male and female and then the pre-humans said, 'Let us, like

the animals, divide into male and female' and it was done. Since that far off time no human has been a complete body, for each human lacks the genes of the opposite sex. The Adepts of the Occult, however, state that in the male of the species, the reasoning Mind of the male is masculine in its characteristics and the inner or subconscious Mind is FEMALE, and that is why opposite sexes are attracted to each other.

This certainly explains many controversial notions but whether it is true does not really concern us here; we are only interested in the secret power behind the Fetish. There are two distinct methods employed in its use. On the one hand, we seek wealth and health and on the other hand it is a powerful method of changing a person's characteristics, in fact, probably the most pleasant method of brain washing of all times. Please be careful in its use.

Instructions for the first part in working with your Fetish are as follows. Write on paper your intention; just a few words will suffice. Now go to your working place somewhere where you will not be disturbed and talk to your Fetish as if it were another person. Tell her or him all your troubles, spell out all your wants, desires and ambitions and make a full and complete confession; do not leave out a single thing. Tell what is needed in your life, saying "I deserve this and that and it's your problem to see that I get these things. You were born for just one purpose, to see that I get all that I wish for as long as it harms no other person in the getting of this wish. Now, I command you, go forth and get for me these things that I ask for, go forth now, this very moment and, through Cosmic Mind, get for me all that I ask". Really lay it on to your Fetish. Pour your very soul into it. Hammer it in, and keep it up for as long as you can. Then give thanks as though you actually have these things, and then, until you go once more to your Fetish, TRY TO FORGET all about it.

This subject of referring everything in your life to a Fetish, could fill a separate book but I am hoping that I have given you a clear idea of its working principles. Just keep in mind

these rules, the Triple Key to all your desires. First, you must desire a thing, or condition, intensely. Secondly, you must earnestly expect it to be fulfilled. Then you must take action by consulting your Fetish and demanding action. Do not forget the most important thing of all – you must know just what you want and that is why I have said get it down on paper first.

## Chapter Ten

So much for the first method, now, the second method. This time you must purchase a doll in your own image, which is to say, get a doll the same sex as you and make sure it is reasonably similar to you. If you are a civilian, don't buy a doll representing a soldier. I know you cannot always find a close likeness but make sure you get one that you think looks something like yourself.

Once again the doll must be placed on an insulated surface. Next, you must baptise it in your name and just a simple ceremony will do. For example – get a glass of water and pass your hands over it saying, "Water, element of Earth, I command thee throw out any evil that may be in you. I dedicate thee for use this evening in conjunction with Cosmic Mind".

Now dip your finger in the water and placing the tip of your wet finger on the head of the doll, say, "With this purified water, I do baptise you in the name of . . . . (your own name) . . . . As from this night forward you will listen to me and obey my command. So let it be".

It is a fully demonstrated fact that a person can make themselves over mentally, if they will but devote attention, patience and work towards the desired subject. It is all very well to assert, 'I am active or industrious', but the mere use of affirmations or even strong positive suggestions will be of little use if the work stops there.

It is true that such affirmations will stimulate the mental faculties but, in order that they be used to full advantage, there must be action. The idea here is that whatever you wish to be, instead of saying 'I am this that or the other' try, at the same time, to form a mental image to go with the words, as the old manuscript says. Imagine you are treating some other person.

Sit down and give a regular treatment to your Fetish. Imagine yourself sitting before your own personality, your Inner Mind giving a treatment to your conscious reasoning Mind which we could call the 'You' part of you, so to speak. You, the individual part of your Mind, treating the personality. Your reasoning Mind says, "Look here, (your own name), you must do better than this you know. Come on, old man, brace up, brace up and do better, you will from now on do much better. I tell you that you can do a lot better if you try.

"Now then, listen to me, you are fearless, positive in all you do. You are brave and bold in your endeavours. You are self-reliant, confident and fear nothing. I tell you, you are fearless, fearless, fearless. You are courageous and bold, you fear nothing and you are filled with positive Mentating Power. Now hear me, you are filled with a positive, power that none can stand against. You are positive, fearless, confident and self-reliant. Right now you are positive, positive, positive, positive. Fearless, fearless, fearless. You will go forth and none can deny you, none can deny you,"

You will find that by using this plan you will pour in the positive suggestions to the 'personality' part of you and that part of you will take them in as though you had a powerful

hypnotic treatment but with this difference – it is you treating you and you alone know just what you need in the way of treatments.

I have found this old plan (so old as to be almost new) is a welcome variation to the old method of sitting and saying over and over I am this or that. If, while giving yourself this new method of treatment, you can visualise yourself in the role, you will find it easy to act out the part. Do not just sit back saying isn't it wonderful, do not just take my word for it but please experiment with it. Find out for yourself the powerful influence it exerts which will do wonders for you as it has done for others who have used it.

Once you find out just what this method can do for you, you will wonder why any person in this world is unhappy or in a state of poverty. You will cultivate a sense of power and individuality which will recognise that the personality is a plastic something that can be shaped and fashioned by your will using this treatment: and, what is more, you will learn to know that the individual is You and YOU are the individual; the personality is merely something that belongs to YOU.

Here you have the plan that will put you in touch with the real you. YOU can be what you wish to be for the way is now open and easy for you now you have found the real power behind TELEMENTATION. There is now nothing to stand between you and success in all your endeavours. Practice this plan, experiment with it, and soon you will be able to say that you go hand in hand with the greatest Mental Force known. You have a perfect right to say, "I am an Active Centre of Telemental Power – I am one with Cosmic Power. I live, move and control powers in the great Ocean of Cosmic Power".

If you think this is a worthwhile thing to be, then start it right now and make yourself over into the power that you rightfully should be.

Let us leave money for a while and have a look at health, for money without health is a poor thing. Money can buy most things but it cannot buy good health. A very old saying has

it, "Your physical body is the temple of your soul". Very true, but your body is more than that, your physical body is also a source of energy, you are Energy. Your thought, your individual personality is energy. Your character, the spiritual, emotional elements of your life are all composed of ENERGY.

The spiritual, emotional elements, interacting with your physical mind and body, link up with energies from outside which are circling round about you twenty four hours each day and all mounting up into one vast field of energy. energy is a part of you. Should you let one particle of this total energy get out of line, then one part of your life is lacking and disharmony is created in the energies that make up the being called YOU.

When this disharmony reaches a certain stress, the effect will penetrate the physical shell or body and this in turn will create a situation of discomfort and illness. As a child of Divine Mind you should be Divine Perfection in a Divine Universe. You were meant to be perfect in health so, if you are otherwise, and plagued with illness or disease, it is a sign that your energies are lacking in one or more areas.

If at this moment you lack these energies, it is not because you are destined to be ill or without something, it must be taken as a sign that you, a child of Divine Mind, were meant for something more fulfilling in your present mode of life. It is very simple. If you are ill at ease it is because you should be receiving more from life than you are receiving. You must focus on the whole of life and not just one part for when a body becomes whole, that body becomes well.

Wendy had been in a car crash and was now suffering pain so severe she had a job to sit up straight. In class at school, Wendy was so much in pain that she could not really take in her teacher's words. Pain was causing her to suffer depression and when her teacher reproached her for not

paying attention Wendy broke down in tears.

She was brought to me in tears. "Please can you help her" her mother asked and, in consequence, I had a long talk with Wendy. I told her about using her favourite doll as a help. "What" she cried, "With all this pain?" "Yes", I told her, "Your doll can take all that pain away if only you will let her, and what's more," I said, "She will do it quickly for you".

So we sat down and worked out a form of prayer to be used with her doll and, (it's a job to believe this) when her Mum came to take her home, she was smiling for the first time since her accident.

The children laughed when they saw old Granny walking down the street. Poor old soul, she was crippled with arthritis and her legs were swollen with the pain. I met her in the park one day and I started chatting to her. I told her of Telementation and how it could help with her pain if only she gave it a trial. She laughed at me, telling me that if it was so simple why did the doctors not tell her about it. I said she should never mind doctors but get herself a doll, even an old rag doll if that was all she could afford, and use this method. Well, she did and three months later she was walking well again and free from pain. Why will you not try it?

Henry, a lad of 18 years, had been to a psychiatrist. He suffered from depression, would sit down and cry for no earthly reason and had tried to take his own life on two occasions. He told me that when he felt the moods coming on he had tried to put them away by will-power as he had been instructed by his doctor but it was no use, he could not do it.

Henry told me he would have liked to be a policeman. I told him to get a doll dressed as a policeman. I then said, "I want you to talk to this doll and tell him all about it. Tell him you are fed up with all this feeling bad, fed up with being made to cry. Tell him you are a policeman and I want you to go and catch this thing that's making me unhappy, go and catch it and lock it up".

Crazy thing to tell a guy isn't it? However, Henry did as I asked and from the very first night he never had another bad spell. He's working now and holding down a good job and he STILL HAS his policeman.

I think perhaps the most marvellous cure I witnessed was

with a man who came to me with trouble over losing his sight. It appeared that he mislaid his glasses one day at work, and because he could not see without them he had returned home. That alerted his employer's attitude to his failing sight and he had been told his services were no longer wanted.

I told him about Telementation and suggested he should get a doll and start to practice with it. To my surprise this man came back to see me one week later and he could see PERFECTLY WITHOUT glasses! He told me, "Don't know what happened; I went to bed and, waking up in the night, I felt something in my eyes. I rubbed them and something seemed to come loose. I went back to sleep and when I woke up in the morning I could SEE PERFECTLY. I don't need glasses any more". It is at times like that that I feel life has been worth living.

No matter how ill you have been, no matter how depressed you have been, no matter what the disease that is causing you pain, it is never too late to do something about it. Keep going to your doctor by all means but please, for your own sake, try TELEMENTATION. Help your doctor to help you by trying out the methods taught by these old priests.

## Chapter Eleven

In the past there has been much taught, spoken and written concerning healing by the power of Mind. There have been religious, meta-physical and semi-religious theories advanced by many differing cults and sects and New Thought movements. These cures, however, have not occurred because of them, rather the cures have come about in spite of them.

The real cures are performed by Mind pure and simple – Mind, called into operation and employed in various forms. It has nothing to do with all the ceremonies, disguises and flipperies of these fringe cults, each one laying claim to being the one and only true form of working. All these writers have been attached to some cult, church or organisation; each one claiming that the healing rested on the belief in some theory, idea or doctrine advanced by the teacher of these groups.

Take a good look around you and you will see the truth of this statement. There are many conflicting schools of thought and each one will try to convince you that they have a monopoly on truth and hold a corner on all true physical healing but actually all sects, churches and groups make cures, the percentage being about the same for each group taking into consideration the quality of the Healers.

In spite of all the claims by these groups that they have the one and only TRUTH and all other groups are in error and are ignorant of the real truth, all these so-called ignorant groups are getting fine results! It would, therefore, seem that these differing and conflicting theories do not make one iota of difference to the real work. So, there must be just one underlying principle involved on which all have a claim.

Taking a close look at this principle, we will see that the various theories, statements, dogmas and ceremonies have no other effect than the planting of a strong suggestion to people who are exposed to this religious or semi-religious talk which is designed to appeal to the emotions. Better results always come when some other thing is used besides talk, like a sacred shrine or image, old relics or the use of long, high sounding words.

Give people a mystery and they begin to think that there must be something in it. Talk to them in high sounding words, prattle on in some tongue they cannot understand and they think that they may not know what he says, but he seems to know, so there must be something in it. And if this is kept up, then all will get results, some better than others but the only way for real, ever-lasting results must come from mental power, the individual's own mental power.

"Can you please help Avril?", a lady asked of me one summer evening as I strolled in the park. Avril, it seemed, wished to be an actress and she had spent years attending classes then, just when success appeared assured, Avril met with an accident, which resulted in her left leg being two inches shorter.

The surgeons had saved her leg but could do no more for her. Life plays many strange tricks and, it seems, unkind tricks mostly. The day Avril left hospital she found a letter waiting for her. The writer of the letter was offering Avril a part in a coming play.

Fine, but with one leg shorter than the other (Avril was left with a permanent limp) to be engaged in that condition was simply not on so Avril was desperate and in tears. Only a miracle could help her. Avril's mother seemed to think that I could perform this miracle and she was very disappointed when I told her, "I cannot help your daughter".

I told her to send Avril round to see me one evening for at least, I said, I could cheer her up. In the meantime, I went out shopping and purchased a doll dressed as a ballet dancer. This doll I placed on my table and awaited the visit from Avril. It was nearly a week before Avril decided to call and, offering her a cup of tea, I explained to her the technique of Telementation as applied to healing.

IN TWO WEEKS AVRIL'S LEG HAD HEALED COM-PLETELY AND IT WAS NOW THE SAME LENGTH AS HER RIGHT LEG. Avril went on to join the troupe and

became in time a leading star.

This was the method employed by Avril. Avril spoke to her doll, which you will remember was dressed as a ballet dancer. She told it "You are Avril and I am going to make you well in body and in your Mind. Now look here, you have two legs so stop feeling sorry that they do not match up because they will you know, they will be of the same length if only you will stretch the short one. There is no power in the world to stop your leg from stretching.

"Come on now! Stop being sorry over it. Think about the people who lose their legs – surely you are better off than them, so come on Avril, snap out of it. You have nothing to lose and all to gain. Start right now and stretch that leg, hop on it, kick with it, come on use it every minute of the day and tell it you love it. Tell it you are sorry it is a little bit shorter than the other one but it will soon grow again now that you are going to use it.

"I will keep this up for ten or more minutes now and tomorrow for twenty minutes. After that, each day I will treat you longer. Now, come on Avril, each day you are going to get better".

Well as I have said, Avril obtained a complete cure. Miracle? Magic? Why no!, except that all mental healing could be classed as magic. If you, dear reader, are troubled with any form of illness please try this method out for, like Avril, you have nothing to loose and all to gain. Try it and you will be surprised at the result this plan brings. I have never seen this method in print and I believe that only in that old manuscript has such a method been tried.

It is far in advance of the old method of saying 'I am well, I am well'. The great snag with that form of treatment is that your reasoning Mind knows better. Every time you say 'I am well', your reasoning Mind says 'Oh NO you are not, you

are ILL and you won't kid me different, so there'.

There is a strong psychological occult reason why this plan works, but this is not a book about magic so there is little reason to go into it deeply. Let us just accept the fact that it works and not only will it work for the individual but you can treat other people with this method and, what's more, you will cure them.

Another good move using this treatment is to consider each part of the body as though it were a different person. Suppose, like Avril, you have leg trouble (let's assume that on your leg you have an ulcer that resists treatment). You approach the ulcer as a separate entity saying, "Now then Mr. Ulcer, I have had enough of you, just you listen to me. I know you, Oh yes I do, I know you and I know all about you. You are not welcome here and the sooner you go the better. I am going to bring a powerful mental force against you which is going to blast you out of existence. I am far more powerful than you and I have powerful friends to help me so, for your own sake, go before you are destroyed completely".

When using this form of treatment, you remonstrate, order, coax, shout at it, drive your words into it, tell it exactly what you expect of it, tell it exactly what you intend to do to it, tell it that you are far stronger than it and it cannot resist you —

AND IT WILL OBEY YOU!!

If you can only remember that you are Mind speaking to

Mind and that every cell of your body contains Mind and that the whole must be far more powerful than the parts, then it will be easy for you to gain control of any organ within your body. All you have to do is realise that you, as a whole body, are positive and each and every organ of your body is negative to you and positive rules over negative. So simple yet so true. Of course, if during any treatment you can visualise the part as being whole and well, then the treatment will be that much more effective, and the healing will be quicker, for organs like the subconscious Mind will respond to pictures.

## Chapter Twelve

Here and there in this book I have referred to magic, so in these closing pages why not try a little so-called magic? I want you to make a search of your home. In each room I want you to find something that gives you pleasure; something that makes you think of money and of prosperity, not lack of money. Do not worry over the price you paid for this article – it need not be expensive and does not even have to be bought. It can be any simple little thing given to you but it just has to make you think of prosperity.

The magic behind this article is that at some time it gave you pleasure, and from that time on it has been giving out emanations of pleasure. If when you first obtained it it made you think of money, then it is giving out emanations of wealth. Each time you see or pick up this object, it will create a subconscious jerk in your Mind and, when you remember that your Inner Mind knows no logic, you realise how these emanations can effect you.

Suppose you place on a wall in your bedroom a large picture of a £1,000 note, every day you will see that picture at least

Sooner of later it will attract money to you. If you wish to spend your holiday in a certain country then pin a picture of that country on a wall where you will see it every day. You want a new car? Well, put up a picture of that car and each time you see that picture just imagine how it would feel to own it.

Take another look around the room, is there anything in the room that reminds you of struggle or want? Anything that has bad memories about it? If there is, OUT WITH IT, get free of the bad memories attached to it – it is giving out emanations you are well without. How about clothes? Have you been hanging on to clothes that you wore when times were bad? Out with them for they are holding memories of those hard times.

Why not go out and buy yourself a simple piece of jewellery, nothing expensive, just something that takes your eye and makes you feel pleased. Wear it every day and the thought you had in Mind when buying it is the emanations it will always give out. Each time you wear it you will get that feeling of pleasure coming into your Mind. The feeling of pleasure is positive and the positive Mind will attract even

greater pleasures.

From the beginning of time, witches, sorcerers and magicians have been using these methods. To make the emanations even more powerful each time you see an object that makes you feel good, say (out loud if possible) "I am happy, I am prosperous, money and pleasures flow to me". This will cause an expressed energy to go floating over the planes of consciousness bringing those very things to you. Take a handful of money from your wallet or pocket, look at it and say, "Money, beautiful money, I bless you and adore you, come to me in ever greater amounts, because I love you".

Try these simple magic notions and be prepared for some surprises. Get ready to receive money and money will bring to you more money – the more you bless it the more you will

receive.

It also consists of controlling people and whether that be for good or bad will depend on you, the controller. Remember though, what you give out in the way of emanations is surely what you will attract, and if you are giving out positive thoughts for good, then goodness is what you will receive.

I have said that witches, magicians and others have, for ages, used these methods and here is another powerful method of influencing people. You can do this by employing certain potions, aromas and perfumes. These perfumes transmit a powerful Energy. By using a perfume and linking your thought to that perfume, you will send out potent sensations that will be picked up by whoever responds to that perfume.

A person smelling that perfume will also receive the thought behind the aroma. They are bound to pick it up and act on the thought wave which accompanies it and, although they may not be aware of this perfumed suggestion, they will be compelled to respond to it. This, in part, is the reason for employing incense in magic ceremonies and invocations.

If you should doubt this, why not try an experiment. Go into any room or place and see which woman you are attracted to and then take notice of the perfume she is wearing. Subtle but deadly is this matter of perfume yet women have been on to the secret for years and years.

To further your powers learnt under Telementation, take a few minutes to decide which is your favourite perfume. If at the moment you have no decisive fragrance in mind, then invest in one that makes you feel good. One that makes you think of money and the good life as soon as you smell it. Then buy it, wear it and wait for some very pleasant surprises and lots of fun. Dab a little on your (you know where) saying at the same time, "Magic perfume, magic fragrance, drift about me, pull to me prosperity and love".

Say this simple mantra out loud at least three times and, as you say it, envisage the aroma going out filling the air around you – shooting out powerful energies bringing to you fun and wealth. Incidentally, this method of employing perfume

works for men as well as women. I know a man who relies on the use of perfume to draw to himself assignments, lectures and interviews. He swears that this use of perfume nets him

many pounds in fees.

Nelly, just sixteen, had left school but she could not get a job. I was telling her, over a cup of tea in a cafe, about the use of perfume. I advised her to ask her mother to get her a bottle of good class perfume, and to use it when next she went for an interview. First, I told her, to find a quiet place or room and Mentate on the kind of job she would like to see herself at this interview.

Nelly did just that and two days later she had an interview. Of course, she was accepted for the position because

Mentation plus perfume equals success.

Speaking of witches and others who study the Occult, these practitioners of magic certainly know the power of fragrances. Take Rosemary, this perfume not only sends out energies of attraction but can actually produce a force field that will protect the aura which surrounds your body. This fragrance has been used through the centuries by practitioners of Mind Power to ward against evil, bad luck and bad people or situations.

When next you Mentate or pray, try using a little Oil of Rosemary and it will transmit divine protection outward, setting up a divine invisible fence around you that cannot be penetrated by others. It is a good protection from all evil influences and, no matter what we may think, there are evil influences around us at all times. There are those who are forever sending out negative and harmful thoughts; ever on the look-out for dupes who unconsciously pick up and act on these thoughts.

It is up to you. You are on the magical road to riches so stay focused on the good things of life and concentrate on good people; people that can help you get all you need from life.

You are just beginning to live. Keep your thoughts on the invisible energy planes around you; energy planes that will respond to your thoughts now, today, tomorrow and for all

time. The power is there for you to use; I have told you how to harness this power but I cannot use it for you.

External magic starts with Mind Control. Your Mind has control over outer external circumstances. It can be helped by the use of external objects. Symbols, written words, drawings and by the use of a Fetish. The spoken word will help because it is an expressed energy.

Transmitted energy is any kind of wave started by a situation, an inanimate object, or any person such as yourself

with the vibrations you give off.

It is possible to transmit vibrations through the use of Rosemary or any other fragrance, provided that fragrance is pleasant smelling to you. All perfumes, oils, lotions, and scents that appeal to the sense of smell have their own energy wave.

In Mentation, affirmations and visualisations will establish a force that will in turn demand an equivalent materialisation on the physical plane. In other words, Mentate on your wish, visualise your wish, give thanks as though you already have that wish and it will be granted to you. And now, may Divine Blessing be with you and may you prosper.

This was to be the end of this book for it is complete in itself but, no sooner had I finished and gone away for a few days with my son at the seaside, than I came face to face with a momentous discovery. If the use of a doll Fetish is worth many hundreds of pounds to you, then this discovery must be worth thousands.

I had accepted the invitation to spend a few days with my son at the seaside. I should explain that my son is the owner of two fishing boats. He had become very interested in a yacht which was up for sale. He took me to view this yacht, telling me some of the history attached to it. He explained that the yacht had taken a severe beating in the gales the previous year and had been laid up since that time waiting for repairs.

"Now Pop (his favourite term for me), as you can see, she needs a bit of doing up. The owner unfortunately was killed

in a car accident a few months back and his widow, not being interested in the boat, is offering it for sale at a ridiculously low price. All she is asking is £5,000 for it! Now I know it wants going over but it's dirt cheap".

"Well", I said, "What's the problem?" "Money" he answered. "To fix her up and get her to sea will cost quite a bit. The engines will have to come out, be over-hauled, reconditioned, she needs recaulking and a lot of work done beneath decks. In fact, I reckon its going to cost around £700 to get her seaworthy. Now, Pop, the £700; yes that I can put out, but £5,000, that's the rub, where do I get £5,000 in a hurry?"

'Look, son", I said, "you take a £5 note and..." "Oh yes, I know", he answered, "It works, yes, but I need it in a hurry and that could take time which I don't have. What I need is an instantaneous method. Can you come up with that?". I thought about it then answered, "An instantaneous method, that's a tall order, son, a very tall order". We left it at that but that evening I thought some more about it.

Sitting in my bedroom overlooking the sea, I noticed the moon rising over the water and I began to Mentate. Seeing myself drifting over the sea, I watched in that dreamy state and in my mind I could see an island covered in trees. Presently I reached the island and, going ashore, I walked through the trees until I reached a long lost temple and on the steps stood an ancient priest. Going up to him I knelt on a lower step and spoke to him saying, "Father, is there a way of instantaneous contact with the subconscious Mind? Is there a way of contacting the Inner Mind without the reasoning Mind being aware of such contact? Can the subconscious be influenced without the knowledge of the reasoning Mind".

Somewhere within my Mind a voice was answering, "Yes, there is a way, and that way is already known to you". I felt a wave of peace coming over my Mind and inwardly I knew that I did know the answer to this problem, and yet my reasoning Mind would not reveal the knowledge to me. I thanked the priest, took a few deep breaths and counted up to

five saying, "I am now wide awake, feeling well and happy" and so I returned to my normal state of Mind, undressed and went to bed.

3 a.m.! Suddenly I was awake sitting up in bed! I wondered what had disturbed my sleep; then, in a flash I knew. Of course I knew the answer. The subconscious Mind can be reached unknown to the reasoning Mind through the subliminal image.

So powerful is this method that it has long been illegal to use it but that law applies only to using it against others. It cannot apply to its personal use. I turned it over in my Mind. The problem now was how to find a quick, simple, inexpensive way of applying this knowledge. I gave up thinking about it and left it to my inner guide and went back to sleep.

I awoke around 7 a.m. that morning and, as I fully expected, I knew the answer to the problem. I dressed, had breakfast and set about making the gimmick for producing a subliminal image. I found my son and put it in his hands with instructions as to its use. He promised to use it three times each day until he thought he had what he sought.

He used it that Tuesday morning, continued on Wednesday and then on Thursday on awakening. On Thursday

afternoon he was the owner of that coveted yacht!

The image I gave him was not for £5,000 but the simple message "I will own that yacht". The way it came to him was remarkable really. The lady owner called him on the phone saying she wished to speak with him so he went and had a talk with her. She had heard that he was interested in owning the yacht, but he explained that he could not provide the sum of money being asked. She told him to take over the yacht and pay her as and when he could, by instalments.

During the next few weeks I tried out this exciting discovery on several people with remarkable results. In practically every case the experimenters received exactly what they asked for and in some cases they got results in a matter of hours. Even now I don't really know if I should have

released this knowledge; yet, on the other hand, why not? I am using it, and if you use it to get all you want it will not harm me in any way, but I would ask you to keep it secret. If others wish to know about it let them buy this book as you did.

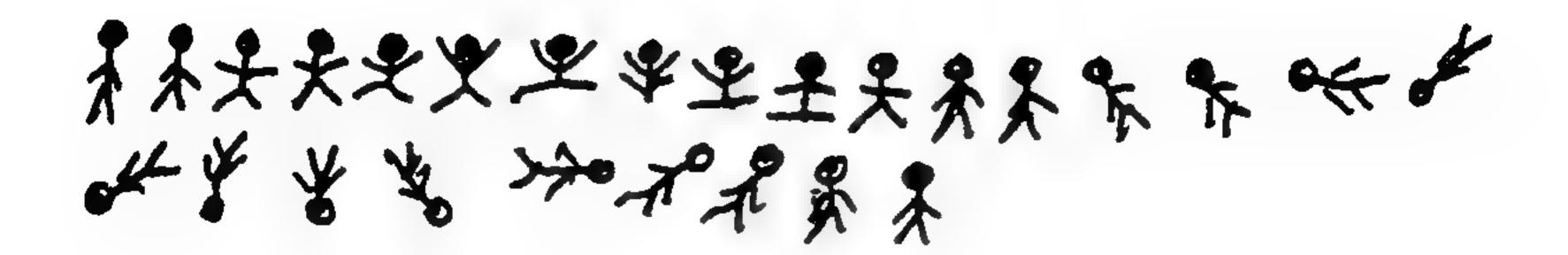
It is time to explain this subliminal image in more detail. As far as I can find it originated in America. In its first application, it was used in the cinema and it consisted of an image or order being flashed on the screen contemporary with the picture of the film. It was flashed so fast that the eye did not see it but the subconscious did and, as it is registered without the knowledge of the reasoning Mind, it is compulsive in its effect on the person's reasoning Mind.

During the showing of the films and at intervals, a message such as, "I must buy an ice cream" would be flashed on the screen. Shortly after there would be an interval in which girls with ice cream trays would walk down the aisles and those who had been subjected to the invisible order to buy, would find themselves compelled to buy.

It was not long before this dastardly method spread to influencing people to buy other commodities and that is when the law stepped in and made the subliminal image illegal. It is still used by unscrupulous agents who deal in Black Magic, to influence young naive girls into joining the various cults and semi-religious groups.

These subversive people will buy a simple film to run through a home movie projector and have it doctored to include their evil message. They then cajole the innocent into watching say a 'comic film'. It's illegal, yes, but it is done so let this be a warning to you. Be very careful about watching films unless you know the people who are inviting you.

You now know what the subliminal image is, you know what it can do and you know why it works, so all you need now is the gen on how to produce your very own working model. I want you to now look at these simple drawings.



Take an ordinary paperback book and in the top right-hand corner draw a stick man, then on each page, draw your stick man slightly differently as in the drawings. Continue experimenting until you get a clear moving picture as you flick through the book. I believe there exists a children's moving picture book on these lines but do experiment until you can get a good moving scene. You can use any pictures but I chose stick men because they are simple to draw.

Now, assuming your paperback book to consist of a hundred or more pages – start your message on page number 40, miss two pages then write the second word of the message on page number 42.

Following this on page number 44 and so on to the end of the message. Please keep your message to five or six words. Do not worry about the message, just ask for what you need. It can be cash or it can be an article but just keep it simple. Do not at any time read the message you have written for, if you should read the message, it will not work. Now you have it and there is nothing in this world that can stop you from prospering. Good luck and remember the Adept's advice – Dare, Do and Keep Silent. I hope you get as much pleasure from this idea as it has given me. Basil.

(Signed) Baril & Lancel

Postscript follows on next page.

Experiments during the last few months have demonstrated that the most remarkable results have come about when the actual written messages of the subliminal message have been unknown to the user of the system. The problem becomes how to obtain an unknown written message which relates to the user's immediate problem.

The simple and best answer to this problem is to persuade a friend to purchase a copy of this book. Of course, you could lend your friend this book but why should you put it into your friend's hands for free. You have paid good money for it.

After all, you are introducing your friend to a method which can reform his or her life. Apart from that it is essential that your friend understands the power contained in the trained Mind and how that power can be put to use to gain all the good things that this life has to offer.

We will assume then that your friend has his copy and has read it and fully understands what is necessary to put Mind into operation. You now tell your friend what it is you wish to achieve and he then writes, in his or her own words, the message relating to that need, be it money or an article. Of course you in turn will write the message for your friend's wish.

#### Points to remember:

- (1) The writer of the message must use words of his or her own choice.
- (2) These words must not be told or revealed in any way to the person using the system.
- (3) The written message should be condensed to not more than five words. A longer message is less effective in its action.
- (4) A subliminal message can be either written or drawn.
- (5) A subliminal message can be part written, part drawn.
- (6) A message relating to money should be specific, the actual sum needed must be stated.
- (7) It is more effective if the need rather than the sum be asked for. If the need is for, say, a new car, the message should be for the ownership of the car rather than for the

money to purchase the car. An effective method for gaining a car is to cut out from a magazine a small picture of the car of your choice, then the subliminal message is "I will own this" followed by the small paper cutting of the car. Suppose you wish to move to a new house. Cut out a small picture of a house (making sure it represents the sort of house you have in mind) then the written message will be "You will have that" followed by a picture of the house.

If the subliminal message is accidentally seen, that message must be destroyed. There is no need to make up another book. Obtain, from your stationers, a packet of gummed labels which can also be used when you have a need to substitute a new message.

The best method is obtained when the conscious reasoning Mind is occupied with other matters. Incidentally, that is a maxim of applied suggestion – the conscious reasoning Mind cannot refute a message of which it is ignorant.

The method for producing the best results is to play your favourite record or cassette, listen for a few minutes with your book in hand and after your Mind has become occupied with listening to the music to which you are perhaps humming or moving in rhythm, flip through your book a few times in rhythm with the music.

Four or five flips should be sufficient then place aside your book and go about your normal daily affairs trying not to think about your ritual with the book. You should try to do this simple exercise at least three times daily – on rising, at noon and before retiring for the night.

If you must work alone then think out your message and write it up in your book. Place aside the book for at least one whole week trying not to think about what you have written. Above all, please do not try to remember the exact written words. The more you can forget what you have written the more effective will be the results gained.

One last thought; whether you believe in this or not will make no difference to its action. The subliminal message

will take effect, for its action is beyond your control. The subconscious Mind, picking up this message, will go about its duty to make the message manifest in and around you.

Therin lies the danger! Always be wary of what you or others write. Do not let your enemy know that you are using this method and, above all, use it only for your benefit making sure that in doing so, you are not causing harm to any other person.

Personally, I have used this method to conquer disease in both myself and others. It is of particular use when dealing with illness in children. A cure can be obtained with this method when to all intents and purposes you are merely playing with the child, for illness need never be mentioned yet the cure will take place.

And now, after placing in your hands what must be the most powerful system in the world (influencing the human Mind to bring about the wealth and happiness which is the divine right both of you and your loved ones) I will take my leave, knowing that I have given you the KEY to all you wish.

PLEASE TURN PAGE FOR DETAILS OF OTHER BOOKS FROM FINBARR. PRICES FOR U.S.A. ARE ON OUTSIDE BACK COVER.

# "The Secret of Near-Perfect Living"

#### by James F. Cullinan

I wish to share something with you which I think could be of immense importance to your life. I am addressing myself to only one kind of person . . . the person who knows in his heart that there must be a better way of living, but knows not how to find it. By a better, "near-perfect" way of living I mean a life truly rich in the fullest meaning. I mean a life rich in understanding, health, happiness, and above all else . . . peace. I do also mean rich in a material sense—rich in money, possessions and luxuries, but that is only a side effect of the great secret that I wish you to share with me.

Only recently have I come upon this secret, and I believe it to be the greatest and most meaningful experience that can happen to any human being. Its impact on me personally has been so great that I still haven't been able to fully comprehend what has occurred. It is not some kind of evangetical conversion or an oriental meditative technique to which I am alluding. It is something so totally profound and different, and yet remarkably "practical", that to liken it to some well known form of philosophy would prove of no value and might be misleading. It is a secret I discovered by "chance": it is not new, but yet very few people know about it.

I felt compelled to write about it as I feel it should be more widely known and not denied to persons to whom it may benefit. For some of you it may have the same profoundly transformational change of consciousness that it has had for me. But whether it does or not I feel that I should reveal/share my knowledge of it so that you at least have the **opportunity** of knowing.

It should be stressed that this has nothing to do with what I have written in my previous books. It is not a re-hash of something else. It is an exposition of a very profound experience which quite simply has to be the key to "near-perfect living". Frankly I would have once laughed at the notion of "perfect or 'near' perfect living" for how can perfection be attained in a world so patently imperfect? Life cannot be perfect. Ironically it is the acceptance of this fact which partially led to my discovery of this secret. I have found something which, almost unbelievably, is near-perfect.

I think that my book is really different to what has been written and published before by others. It is different because (a) I am a layman, and (b) not a professional psychologist, religionist or metaphysician. Also (c) the secret in my book **transcends** psychology, mysticism and religion and yet, paradoxically, provides a strange basis and/or understanding for such matters.

I hope I am not appearing to make this sound complex or academic. Believe me, it is nothing of the sort. It is, in fact, a matter so overwhelmingly simple that its simplicity is difficult to comprehend! This appears to be a contradiction of terms, but within it, as the book explains, is the almost-perfect answer to all your problems. It also answers the questions of wealth versus poverty, glowing health versus disease, true love versus infatuation, peace of mind versus anxiety . . . and how the reader can experience the former situations rather than the latter.

There is no "method", "system", or even a "philosophy" in my book. No equipment, mediation or any form of ritualism is involved. All there is is a secret . . . a secret which can completely transform every area of your life. Perhaps this sounds amazing, but short of writing several pages of very expensive advertising in order to explain it rather than asking you to buy my book, I cannot reveal here why it is so.

For those of you who have been disillusioned with life and the usual philosophies that are supposed to make life worth living, I invite you to read my book. But it will only be of value to you if you are totally genuine in your desire for the relinquishment of hardship for a "near-perfect life". I must also add that this secret does not incorporate an admonition of sex, power, money, and the other physical realities of life — it is about LIVING, not "dying". You can only experience the real Joy of living once you realise how.

To obtain a copy of the book "The Secret of NEAR-PERFECT LIVING" send £6.

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This book brings inspiration and comfort on this much misunderstooc matter; it cuts through the foggy thinking and contradictions and tells you what other books do not. Here are THE FACTS ABOUT OCCULTISM AND THE BITTER TRUTH ABOUT MANY OF THOSE WHO HIDE BEHIND THE LABEL OF "WHITE MAGICK". Here is what you SHOULE KNOW about occultism – what other authors are unable to reveal! This book brings a new perspective, and offers a sane way to UNDERSTAND YOURSELF AND YOUR LIFE. It is of especial importance to those new to occultism – it can save you much time, money, and

#### PEACE OF MIND: How To Find It in A Troubled World

by James F. Cullinan

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## JESUS CHRIST — The Truth At Last!

Christians believe that Jesus was a real person that once walked this earth and who was the "son of God"...but academics dispute Jesus's historical reality. Atheists say there is no God whilst thousands of people claimed to be helped by God.

It is all so confusing. Just what is the truth? James Cullinan, the author of this book, makes the bold assertion that he's got about as close to "the truth" as anyone can ever get! He claims that he has found — once and for all — THE HISTORICAL AND SPIRITUAL TRUTH ABOUT JESUS!

This book is controversial! It makes similar books about Jesus read like Alice in Wonderland! This book blazes a trail through history, myth and psychology to REVEAL A DEVASTATING PICTURE OF THE TRUTH ABOUT CHRISTIANITY.

The author has researched ancient texts and studied occult traditions: he can prove and demonstrate what he has found! What he has found may shock you, but if you want "the truth" then here it is! You will read about:

\* HOW AND WHY CHRISTIANITY BECAME THE WEST'S PREMIER RELIGION

\* THE ASTONISHING TRUTH CONCERNING THE FOUND-ERS OF CHRISTIANITY

\* THE AMAZING TRUTH ABOUT THE PERSON OF JESUS \* WHAT THE GOSPELS DON'T SAY ABOUT THE TRIAL AN

\* WHAT THE GOSPELS DON'T SAY ABOUT THE TRIAL AND DEATH OF JESUS

\* THE REAL TRUTH ABOUT JESUS AND SATAN

\* WHY CHRISTIAN BELIEF WORKS EFFECTIVELY FOR SO MANY PEOPLE

\* THE BIBLE — A BOOK OF MYSTICISM AND BLACK MAGIC!

This amazing book reads like a thrilling detective story — it will grip you from start to finish. It is, however, not a book propounding yet another way-out theory about who or what Jesus may have been — it leaves the reader to reach his own conclusions. Only order this book if you dare to know the truth. This book could change your way of thinking forever. Price only £5.95.

### MANA MAGICK! A manual of effective rituals and natural magick

Author David Savage has spent years studing Hindu and Christian mystical practices. He has even studied Witchcraft practices. This exciting book is a fusion of the positive element

of these practices which he calls 'Mana Magick'.

This book presents sound ritual techniques for making one's life richer in every way. These techniques - far simpler than those found in most occult books but no less potent - can bring you definite, positive, observed results within 3 to 21 days, says the author!

Yes - you can win the love of another person, win a prize or money, find a job, improve health, and almost anything else you desire (within reason) WITHIN 3 TO 21 DAYS OF USING 'MANA MAGICK'!

These techniques work well for the author, but he wants to build a dossier on how well they work for people at large and for this reason he would like people to report their results to him (not obligatory). He will even personally answer letters from readers who want an answer.

If you are looking for a book of proven, sound and sensible mystical techniques then 'Mana Magick' is for you.

It could change your life! Price only £3.95.

#### \* PERFECT HEALTH \* AN ADORING MATE \* A SLIM FIGURE \* GIFTS AND LUXURIES \* MYSTIC WISDOM MONEY FOR EVERY NEED \* PSYCHIC POWERS . . . these things and more await you with -

## MYSTIC MIND POWER

Beginning the very moment you read "MYSTIC MIND POW-ER" by Carl Nagel your life can change. Within the pages of this book lays a secret that can usher into your life a golden stream of endless luck, joy and fulfilment. Impossible? Mr Nagel once thought it was impossible - a shy young man from N.S.W., Australia, he had become thoroughly disillusioned with the promises of occult books he had read: "They all claimed 'miraculous' results, but instead my life got worse", he writes. Convinced that there must be a mystical solution to his problems he embarked on an intensive study of occult and spiritual subjects. He experimented with different rituals and studied ancient texts in a determined search for an answer. "I found the secret, and with it, a completely new life. My book is a summation of my experiences. I do not give you case histories of faceless people and how they have been helped. This is my story, with techniques and methods I have tested and proved for myself. I assure you they WORK - AND WORK NINE TIMES OUT OF TEN".

Mr Nagel's techniques are simple and require little time to perform. OILS, CANDLES AND INCENSES ARE NOT REQUIRED. The techniques activate the higher psychic centres of the mind. These psychic centres have a magnetic-like quality which radiate outward into the electron atmosphere to work on the minds of others. With these techniques you can actually influence other people - without saying a word to them - to DO WHAT YOU WANT. "You can literally influence another person to desire you or want your friendship. You can also influence a bully to leave you alone. So long as your intentions are free of malice there is absolutely nothing you cannot influence another person to do", says Mr Nagel. "If you have a romantic interest in someone who hardly knows you exist my Astral Seduction Spell will make

them hungry for you almost overnight!", Mystic Mind Power (MMP) can help you shape your body the way you want it to be. "I lost 42 pounds of fat in three months and have kept it off!", reports Mr Nagel. You don't need willpower - only a sincere wish to improve or re-shape your body: MMP will do the rest. It can be used to add weight as well as lose it. Ladies, conscious of their bust size, can use it to effect the vital difference they seek.

"Whatever you want you can have - a more satisfying life . . . a wide circle of friends . . . increased self-confidence . . . luck in bingo and lotteries . . . inner spiritual strength . . . heal yourself of disease . . . create the future of your choice", writes Mr Nagel. "This is not fantasy. MMP is awaiting within you right now to be released. It works by the natural laws of Nature and the results you

seek follow as day follows night". "If MMP is so good then why isn't everyone using it?", you may ask. The author replies: "This is a good question which can be answered in two ways. Firstly, most people just don't know that this power is lying dormant within them. Secondly, a great many people wrongly fear the psychic world - believing it to be the work of the Devil. Nothing could be further from the Truth! MMP is perfectly safe and no harm can befall you by using it in the manner described in the book. In fact, you will be utilising the cosmic laws of the universe - designed to rid your life forever of all negative aspects and influences".

But is this just another book about using the occult to make money and seduce the opposite sex? The answer is an emphatic "no"! It WILL help you to achieve your material goals, but will also SHOW YOU THE DEEPER THINGS IN LIFE. What separates this book from others is its "COMPLETENESS" - it answers the readers spiritual as well as material aspirations. And it goes a step further:

IT SHOWS YOU HOW TO EXPERIENCE LIFE'S

MYSTERIES FIRST HAND

It doesn't just "tell you about" astral travelling into the past and future - IT SHOWS YOU HOW YOU CAN DO IT. It shows how you can prove that there is a life after death, and how you can prove for yourself the theory of reincarnation. It also shows you how to interpret your own dreams, understand omens, and predict future events for yourself and others with uncanny accuracy.

Mr Nagel has tried all the MMP techniques for himself. He writes from genuine personal experience - he KNOWS what happens and not what is "supposed to happen" in psychic matters. HIS INSTRUCTIONS ARE PROVEN AND TESTED, AND THEY WILL WORK FOR YOU. They are not complex, and they are absolutely safe. Your luck for a new life of happiness and fulfilment has already begun by your reading here about this book -BECAUSE THE AUTHOR'S METHODS ARE BASED ON EXPERIENCES HE HAS LEARNT THE HARD WAY. THANKS TO HIM, YOU CAN SUCCEED QUICKLY - THE EASY WAY!

"MYSTIC MIND POWER" is more than a "book" - it is a treasure chest leading to the control of personal destiny and unlimited material and spiritual riches. Here is a brief outline of its contents:

\* THE SECRET OF MYSTIC INITIATION

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